

Province of the

**EASTERN CAPE**

EDUCATION

**SENIOR PHASE**

**GRADE 9**

**NOVEMBER 2010**

|  |
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| **LIFE ORIENTATION** |

**MARKS: 100**

**TIME: 2 hours**

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| This question paper consists of 11 pages. |

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| INSTRUCTIONS AND INFORMATION | |  |
|  |  |  |
| 1. | Answer ALL questions. |  |
|  |  |  |
| 2. | Number your questions correctly. |  |
|  |  |  |
| 3. | Leave a line open between questions. |  |

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| **SECTION A** | | | |  |
|  | | | |  |
| **QUESTION 1** | | | |  |
|  |  | | |  |
| Choose the correct answer from those given below. Write only the correct symbol next to the corresponding number e.g. 1.1 B. | | | |  |
|  |  | |  |  |
| 1.1 | Youth Day is celebrated on … | | |  |
|  |  |  | |  |
|  | A | 21 March. | |  |
|  | B | 9 May. | |  |
|  | C | 16 June. | |  |
|  | D | 9 August. | |  |
|  |  |  | |  |
| 1.2 | Every worker has a right to … | | |  |
|  |  |  | |  |
|  | A | be absent from work without permission. | |  |
|  | B | come late for work without reporting. | |  |
|  | C | in-service training. | |  |
|  | D | borrow money from his/her employer. | |  |
|  |  |  | |  |
| 1.3 | In a healthy relationship one must be … | | |  |
|  |  | | |  |
|  | A | embarrassed. | |  |
|  | B | assertive. | |  |
|  | C | neglected. | |  |
|  | D | passive. | |  |
|  |  |  | |  |
| 1.4 | Which one is a lifestyle disease? | | |  |
|  |  | | |  |
|  | A | Polio | |  |
|  | B | Alzheimer | |  |
|  | C | HIV/AIDS | |  |
|  | D | Malaria | |  |
|  |  |  | |  |
| 1.5 | One of the following is not a right of citizens. | | |  |
|  |  | | |  |
|  | A | A right to shelter. | |  |
|  | B | A right to a clean environment. | |  |
|  | C | A right to be abused. | |  |
|  | D | A right to basic education. (5 x 1) | | (5) |
|  |  |  | | **[5]** |

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| **QUESTION 2** | |  |
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| State whether the following statements are TRUE or FALSE. Write only TRUE or FALSE next to the corresponding number. | |  |
|  |  |  |
| 2.1 | A government employee is not entitled to maternity leave. |  |
|  |  |  |
| 2.2 | Learners have to do both Mathematics and Mathematics Literacy in the FET Band. |  |
|  |  |  |
| 2.3 | Sexually transmitted diseases are contracted through unprotected sex. |  |
|  |  |  |
| 2.4 | Malaria is a waterborne disease. |  |
|  |  |  |
| 2.5 | Kick-boxing is an adventurous and recreational outdoor game. (5 x 1) | (5) |
|  |  | **[5]** |
|  |  |  |
| **QUESTION 3** | |  |
|  |  |  |
| Choose the relevant word that corresponds with each statement. | |  |
|  |  |  |
|  | **(bursary; loan; scholarship; interest; internship)** |  |
|  |  |  |
| 3.1 | Financial aid that one applies for from a bank and is paid over a period of time. |  |
|  |  |  |
| 3.2 | In-service training given by a department/ company in a specific field of study. |  |
|  |  |  |
| 3.3 | Financial assistance given to a student linked to his career choices achievement and financial needs. |  |
|  |  |  |
| 3.4 | Financial assistance awarded to a student for outstanding achievement. |  |
|  |  |  |
| 3.5 | An amount of money added to a loan one has made. (5 x 1) | (5) |
|  |  | **[5]** |

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| **QUESTION 4** | | | | |  |
|  |  | | | |  |
| Match the concepts in COLUMN A with the phrases in COLUMN B. Only write the letter of the answer e.g. 4.1 D. | | | | |  |
|  | | | | |  |
| **COLUMN A** | | | **COLUMN B** | |  |
| 4.1 | | Peer pressure | A | Being dependant on a substance |
| 4.2 | | Obesity | B | Hatred/unacceptance of foreigners |
| 4.3 | | Gymnastics | C | Extremely overweight |
| 4.4 | | Addiction | D | Body movement according to rhythm |
| 4.5 | | Xenophobia | E | A positive or negative influence from friends |
|  | (5 x 1) | | | | (5) |
|  |  | | | | **[5]** |
|  |  | | | |  |
|  | **TOTAL SECTION A:** | | | | **20** |
|  | | | | |  |
| **SECTION B** | | | | |  |
|  | | | | |  |
| **QUESTION 5** | | | | |  |
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| Read the case study below on substance abuse and answer the questions that follow. | | | | |  |
|  | | | | |  |
| Nyoapa is a mixture of dagga and heroine. It is very popular among young men and women in most cities. Its users claim that they started smoking cigarettes and they later graduated to nyoapa. Most of them are unemployed and have to resort to crime so as to satisfy the need for substance abuse.  This is a report from one of the users:  One guy claims that he feels very tired, sweats and has stomach cramps every morning. He has to take two joints to feel high. One ‘joint’ costs between R40 – R60 depending on the supplier. He smokes at least six’ joints’ per day. He said he would like to stop, but he is already addicted. He is quite aware of the dangers of doing drugs but he does not know how to kick the habit. | | | | |  |
|  |  | | | |  |
| 5.1 | Name TWO types of drugs mentioned in the case study. | | | | (2) |
|  |  | | | |  |
| 5.2 | Name TWO body organs that are affected by the use of drugs. | | | | (2) |
|  |  | | | |  |
| 5.3 | What are the symptoms of addiction, as indicated in the case study? Name THREE. | | | | (3) |
|  |  | | | |  |
| 5.4 | Calculate the amount of money spent by the above-mentioned guy in seven days at the rate of R50 per ‘joint’. Show your calculations clearly (indicate your steps). | | | | (4) |
|  |  | | | |  |
| 5.5 | Where can this guy go for professional assistance in order to overcome the habit? Give TWO possible options. | | | | (2) |

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| 5.6 | According to the case study a ‘joint’ is a (house, nyoapa, shebeen). Choose the correct word. | (1) |
|  |  |  |
| 5.7 | How does substance abuse contribute towards crime? Name TWO ways. | (2) |
|  |  | **[16]** |
|  |  |  |
| **QUESTION 6** | |  |
|  |  |  |
| Read the extract below and answer the questions based on the extract that follow. | |  |
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| **1 Million South African Public Servants on strike.** | |  |
|  | |  |
| Civil servants workers protest outside the Natalaspruit hospital demanding better salary increases in Johannesburg, 18 Aug 2010, after the Unions rejected the government's offer Photo: AFP | |  |
| **Civil servants workers protest outside the Natal Spruit Hospital demanding better salary increases in Johannesburg, 18 Aug 2010, after the Unions rejected the government's offer.**  The South African government says it will not increase its offer to public servants who embarked on a strike Wednesday. Schools were most severely affected on the first day of the strike. Public Services Minister Richard Baloyi says the government's final offer of a 7 percent pay raise plus a monthly housing grant of R700 will cost nearly five billion rand, money it will have to find by cutting other expenditures.  "It is not a final position out of choice. It is a final position out of affordability. In fact even this offer is not affordable, because we definitely have to reprioritise. The issues that I talked about there, in no time we will address the nation about how we are going to get this five billion [rand]," said Baloyi.  The government will sign the offer on Thursday and, according to regulation, will implement it after 21 days. Even so, unions are adamant they will not settle for anything less than an 8,6 percent pay raise with a housing allowance of R1 000 per month.  Delia Robertson | Johannesburg, 18 August 2010 | |  |

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| 6.1 | Identify TWO grievances/demands of the workers. | (2) |
|  |  |  |
| 6.2 | Name any TWO unions that were involved in this public servants strike. | (2) |
|  |  |  |
| 6.3 | Which human rights do you think were violated during the strike? Name TWO. | (2) |
|  |  |  |
| 6.4 | Which public servants are not supposed to go on strike? Name TWO and give a reason for each. (2 x 2) | (4) |
|  |  |  |
| 6.5 | Do you think a strike is the best way to resolve an impasse? Give a reason for your answer. | (2) |
|  |  |  |
| 6.6 | Who is the Minister of Public Service? | (2) |
|  |  | **[14]** |
|  |  |  |
| **QUESTION 7** | |  |
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| **Read the scenario below an answer the questions that follow.** | |  |
|  |  |  |
| **SCENARIO**  Zandi’s friends are party animals. They recently held a party at Zandi’s home while her parents were away. There was loud music as the doors were wide open. Lots of cars were parked on the neighbours’ lawns. The neighbours could not sleep. The next day they woke up to find the neighbourhood littered with beer bottles and plastic bags.  The next day a report was forwarded to the street committee and thereafter to the police forum. The community lodged a complaint against Zandi’s family. | |  |
|  |  |  |
| 7.1 | Give a suitable title to the scenario. | (2) |
|  |  |  |
| 7.2 | Explain how you feel about the whole scenario. | (2) |
|  |  |  |
| 7.3 | What possible bad consequences can the situation lead to? | (2) |
|  |  |  |
| 7.4 | Which rights of the neighbours have been violated/infringed? Give TWO. | (2) |
|  |  |  |
| 7.5 | What is the duty of the street committee? Give TWO. | (2) |
|  |  |  |
| 7.6 | If you were the chairperson of this committee how would you resolve this? | (2) |
|  |  | **[12]** |

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| **QUESTION 8** | | |  |
|  |  | |  |
| Pollution has contributed a lot to the development of diseases in our communities. The government is enforcing laws that prohibit pollution to save the earth. | | |  |
|  |  | |  |
| 8.1 | Give an example of how: | |  |
|  |  | |  |
|  | 8.1.1 | Air is polluted | (1) |
|  |  |  |  |
|  | 8.1.2 | Water is polluted | (1) |
|  |  |  |  |
|  | 8.1.3 | Land is polluted | (1) |
|  |  | |  |
| 8.2 | Name only **ONE insect** and only **ONE animal** that are bred in dump sites. | | (2) |
|  |  | | **[5]** |
| **QUESTION 9** | | |  |
|  |  | |  |
| **Read the scenario below and the answer questions that follow.** | | |  |
|  |  | |  |
| Wendy is a Grade 9 learner in a local school. She and her friends like hanging out with their boyfriends. Her older sisters always warn them about the dangers of having serious relationships at that age. Last week her boyfriend took her to a friend’s party. She remembers being offered a glass of cooldrink and the next day she woke up in hospital. The doctor told her she has been gang raped and has to wait for the results of her blood test. He explains that there is a possibility that she has contracted sexually transmitted infections. | | |  |
|  |  | |  |
| 9.1 | What does Wendy and her friends like to do? | | (1) |
|  |  | |  |
| 9.2 | How do you know that her elder sister cares about her? | | (1) |
|  |  | |  |
| 9.3 | Why is it not good for Wendy and her friends to involve themselves in a boy/ girl relationships? | | (2) |
|  |  | |  |
| 9.4 | What do you think has happened to Wendy’s drink? | | (2) |
|  |  | |  |
| 9.5 | Gang raped means -------------------- | | (2) |
|  |  | |  |
| 9.6 | Name any TWO sexually transmitted infections that could possibly affect Wendy. | | (2) |
|  |  | |  |
| 9.7 | Describe treatment options associated with risk behaviour/ sexually transmitted diseases. Any TWO. | | (2) |
|  |  | |  |
| 9.8 | How can Wendy and her friends spend their spare time fruitfully? Give ONE. | | (1) |
|  |  | | **[13]** |
|  |  | |  |
|  | **TOTAL SECTION B:** | | **60** |

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| **SECTION C: PHYSICAL EDUCATION** | | | |  |
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| **QUESTION 10** | | | |  |
|  |  | | |  |
| Choose the correct answer: | | | |  |
|  | |  | |  |
| 10.1 | | Jim wakes up every morning and performs ten frog jumps. He develops his … | |  |
|  | |  | |  |
|  | | A | legs. |  |
|  | | B | arms. |  |
|  | | C | shoulders. |  |
|  | | D | speed. |  |
|  | |  |  |  |
| 10.2 | | Sipho walks on a narrow five metre wall. This activity refines his … | |  |
|  | |  |  |  |
|  | | A | balance and speed. |  |
|  | | B | elevation and speed. |  |
|  | | C | balance and elevation. |  |
|  | | D | speed and rotation. |  |
|  | |  |  |  |
| 10.3 | | Jogging every morning develops the … | |  |
|  | |  |  |  |
|  | | A | heart only. |  |
|  | | B | lungs only. |  |
|  | | C | legs only. |  |
|  | | D | all the above. |  |
|  | |  |  |  |
| 10.4 | | Body movement according to rhythm is; | |  |
|  | |  |  |  |
|  | | A | Gymnastics |  |
|  | | B | Boxing |  |
|  | | C | Culture |  |
|  | | D | Sport |  |
|  | |  |  |  |
| 10.5 | | Before you engage in any strenuous activity it is essential to do … exercises. | |  |
|  | |  |  |  |
|  | | A | Cooling down |  |
|  | | B | Warm up |  |
|  | | C | Dance |  |
|  | | D | Functional activity (5 x 1) | (5) |
|  | |  | | **[5]** |

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| **QUESTION 11** | |  |
|  |  |  |
| Choose the correct answer from the words in brackets. Write only the correct word. | |  |
|  |  |  |
| 11.1 | The 2010 Soccer World Cup was held in (America, Australia, South Africa, England). |  |
|  |  |  |
| 11.2 | Warm up activities are done at the (beginning, during, at the end) of a training session. |  |
|  |  |  |
| 11.3 | The final match of the 2010 World Cup was played at the (Soccer City, Mbombela, Peter Mokaba) stadium. |  |
|  |  |  |
| 11.4 | South Africa’s first goal during the world cup was scored by (Steve Pienaar, Benny McCarthy, SiphiweTshabalala). |  |
|  |  |  |
| 11.5 | The 2010 Soccer World Champions were (South Africa, Ghana, Spain). (5 x 1) | (5) |
|  |  | **[5]** |
|  |  |  |
| **QUESTION 12** | |  |
|  |  |  |
| The case study below is based on outdoor adventurous and recreational activities. Read the case study and answer the questions that follow. | |  |
|  |  |  |
| Zola wants to participate in Commonwealth Games in 2014. He is a good sprinter and finishes the 100 m in 10 seconds. The world record is 8,5 seconds and he wants to break the record. He does not eat junk food because it is fattening and not good for his fitness.  He is training in a field that has a diameter of 500 m. The field is divided into the following parts, first 100 m is dry land, second 100 m is sand, third 100 m is sack race, fourth 100 m is water and the last 100 m, 5 hurdles. He trains twice a day. After training, Zola walks for 40 m stretching his arms sideways and upwards. | |  |
|  |  |  |
| 12.1 | Design a healthy breakfast for Zola in order to maintain his fitness. Name TWO of the most important food groups. | (2) |
|  |  |  |
| 12.2 | How many seconds should Zola take off his time to break the record? | (1) |
|  |  |  |
| 12.3 | Identify TWO obstacles that Zola uses to train. | (2) |

|  |  |  |
| --- | --- | --- |
| 12.4 | Name TWO internal organs that Zola is training. | (2) |
|  |  |  |
| 12.5 | Name ONE cooling down exercise that Zola does. | (1) |
|  |  |  |
| 12.6 | Give TWO reasons for doing cooling down exercises. | (2) |
|  |  | **[10]** |
|  |  |  |
|  | **TOTAL FOR SECTION C:** | **20** |
|  |  |  |
|  | **GRAND TOTAL:** | **100** |