



Province of the
EASTERN CAPE
EDUCATION

NATIONAL SENIOR CERTIFICATE

GRADE 11

NOVEMBER 2011

DANCE STUDIES

MARKS: 150

TIME: 3 hours



This question paper consists of 9 pages.

INSTRUCTIONS AND INFORMATION

1. This paper consists of THREE sections.

SECTION A	History
SECTION B	Music
SECTION C	Anatomy and Healthcare

2. Read through the whole paper carefully before answering it.
3. Number the answers correctly according to the numbering system used in this question paper.
4. Leave THREE lines after each QUESTION.
5. Start EACH SECTION on a NEW page.
6. Marks are NOT allocated according to the principle of 'one mark per one fact', but according to the quality of the answer.
7. Write neatly and legibly.

SECTION A HISTORY**QUESTION 1**

- 1.1 Discuss some of the difficulties you and your friends might have when preparing your choreography performance assessment task and give possible ways to overcome them. (8)
- 1.2 Draw up a rehearsal schedule for your choreography dance work. Give the dates, times and places that you will be rehearsing for the term. (5)
- 1.3 Give ideas on how you could market your choreography production to make it successful (3)
- 1.4 Name a career in dance that interest you the most and list some of the skills needed to be able to do this career successfully. (4)
- [20]**

QUESTION 2

Select ONE of the prescribed INTERNATIONAL CHOREOGRAPHERS and their dance work from the list below that you have studied this year and WRITE A LETTER to a friend telling him/her about it. Include the following:

- 2.1 Title of the work and choreographer. Synopsis/theme of the dance work (6)
- 2.2 Production elements(music, costume, lighting) (6)
- 2.3 Use of symbolism/if any (6)
- 2.4 Written in a letter format. (2)
- [20]**

BELOW ARE THE PRESCRIBED CHOREOGRAPHERS AND THEIR DANCE WORKS

International choreographer	Dance works
George Balanchine	Appollo or Agon
Alvin Ailey	Revelations
Martha Graham	Appalachian Spring or Lamentation
Christopher Bruce	Ghost Dancers or Rooster
Marius Petipa & Lev Ivanhof	Swan Lake
Vaslav Nijinski	Le Sacre du Printemps
Paul Taylor	Esplanade

QUESTION 3

In this question you should NOT write about a dance from the prescribed works.

In LO 4 you have learnt a Cross-cultural/Indigenous dance, which forms part of your PAT. Provide the following information:

- 3.1 Give the name of the dance, and where it comes from. (3)
 - 3.2 Describe the actual movements and steps used in this dance and what happens during the dance. (8)
 - 3.3 What musical instruments are used for this dance? (4)
 - 3.4 What are the principles of African Dance? (5)
- [20]**

QUESTION 4

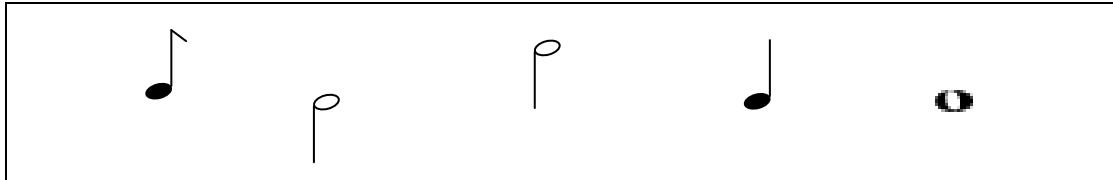
- 4.1 How is dance used in our everyday lives? (5)
 - 4.2 In which ways can dance be used by people as a form of healing? (5)
- [10]**

TOTAL SECTION A: 70

SECTION B MUSIC

QUESTION 5

- 5.1 Choose the appropriate symbols from the box below to equal the value of the notes as in 5.1.1 – 5.1.5. Draw the correct symbol next to the correct number.



- 5.1.1 4 (1)
- 5.1.2 2 (1)
- 5.1.3 1 (1)
- 5.1.4 $\frac{1}{8}$ note (1)
- 5.1.5 3 (1)
- 5.2 Complete the following sentences. Write only the answer next to the appropriate number:
- 5.2.1 The note value quicker than a crotchet is a ... (1)
- 5.2.2 $\frac{3}{4}$ is ... time. (1)
- 5.2.3 There are ... minims in a Semi-breve. (1)
- 5.2.4 There are ... crotchets in a minim. (1)
- 5.2.5 ... quavers are equal to a semi-breve. (1)

[10]

QUESTION 6

6.1 Are the statements below TRUE or FALSE? Write the correct answer next to the appropriate number.

6.1.1 **HARMONY** is the recognisable part of the music that you can usually hum. It can be simple or complex and usually recur within the piece of music. (1)

6.1.2 **RHYTHM** is when two or more notes of different pitch are sounded at the same time, producing a chord. It is the way sounds are combined together. They either compliment or agree with the other sounds – concord, or they disagree and clash or sound harsh – discord. (1)

6.1.3 **MELODY** is the heartbeat of the music, and can be recognised as a steady beat or a recurring pattern; the regular occurrence or reoccurrence of an accented beat or beats in a bar of music. (1)

6.1.4 **TIMBRE** is the variety of amplitude, accents, contrasts etc. It is what makes the music exciting and interesting and adds contrast to the piece. This can be created by the instruments used or a combination of instruments and the speed or loudness with which they are played. (1)

6.1.5 **DYNAMICS** is the tone quality of each instrument. Each instrument has a specific sound that makes it instantly identifiable and different to other instruments. There are different categories of instruments and within each category the various instruments differ as well e.g. the string section has a violin in it as well as a double bass and they both have a completely different sound. (1)

6.2 Which of the time signatures $\frac{2}{4}$, $\frac{3}{4}$, $\frac{4}{4}$, $\frac{6}{8}$ match the rhythms below?

6.2.1 Waltz (1)

6.2.2 Polka (1)

6.2.3 Kwaito (1)

6.2.4 Tarantella (1)

6.2.5 Rumba (1)

[10]

TOTAL SECTION B: 20

SECTION C ANATOMY AND HEALTH CARE**QUESTION 7**

- 7.1 Use the appropriate words from the box below to answer the following sentences.

	ADDUCTION	PLANTARFLEXION
FLEXION		ROTATION
	ABDUCTION	
EXTENSION		DORSIFLEXION

- 7.1.1 To close a joint or decrease the angle between two bones (1)
- 7.1.2 To open a joint or increase the angle between two bones (1)
- 7.1.3 Movement laterally away from the mid-line of the body (1)
- 7.1.4 Movement towards the mid-line of the body (1)
- 7.1.5 Circular movement in the long axis of the body (1)
- 7.1.6 Bringing the toes up towards the shin (1)
- 7.1.7 Pointing the toes (1)
- 7.2 7.2.1 What type of joint is the knee and name TWO anatomical movements that are possible in this joint. (3)
- 7.2.2 What type of joint is the hip and give TWO movements that are possible in this joint. (3)
- 7.3 7.3.1 Name ONE of the muscles that assist the movement of the joint named in QUESTION 7.2.1. (1)
- 7.3.2 Name ONE of the muscles that assist the movement of the joint named in QUESTION 7.2.2. (1)

- 7.4 Complete the table below by filling in either the anatomical name or the common name of the bone. **The first one has been done for you.** Write only the answer next to the appropriate number.

Example	ANATOMICAL NAMES OF BONES	COMMON NAMES OF BONES
	Vertebral column	Spine
7.4.1	Sternum	
7.4.2		Collarbone
7.4.3	Femur	
7.4.4		Kneecap
7.4.5	Tibia	

(5)

[20]

QUESTION 8

- 8.1 How does good nutrition play an important part in the fight against HIV/Aids? (4)
- 8.2 Explain why you disagree with the statements below:
- 8.2.1 Dance is not intellectually challenging so it is a better option for students who are not 'academic'. (3)
- 8.2.2 People with disabilities cannot dance. (3)
- 8.3 Indicate whether the following statements are TRUE or FALSE. Write only TRUE or FALSE next to the appropriate number.
- 8.3.1 Carbohydrates are the main source of energy. (1)
- 8.3.2 Fruit and vegetables provide a small amount of fuel for the body. It also protects vital organs. (1)
- 8.3.3 Milk products provide calcium and build the bones of the body. (1)
- 8.3.4 Fats repair and maintain the tissues/muscles of the body. (1)
- 8.3.5 Fats are rich in fibre and are important for absorption and excretion of products. It also supplies essential vitamins to the body. (1)

[15]

QUESTION 9

- 9.1 Explain how awareness of environmental factors like the **floor, studio temperature and clothing** could ensure the safety of dancers. (7)
- 9.2 Describe how you should hold your posture in dance. (4)
- 9.3 Why is water important in your diet? (4)
- [15]**

QUESTION 10

- 10.1 Use the appropriate word from the box below to complete the following statements:

FRICTION		HEAD
REST	TENDON	BRAIN
	PROTECTS	
WATER	MUSCLE	SPRAIN
	CRACK	RADIUS

- 10.1.1 Concussion results from injury to the ... (1)
- 10.1.2 Blisters are caused by ... on the skin. (1)
- 10.1.3 The blister ... the injured area. (1)
- 10.1.4 A fracture is a break or ... in a bone. (1)
- 10.1.5 Dehydration is treated by giving the performer plenty of ... (1)
- 10.2 How can CORE STRENGTH be achieved while training? (5)
- [10]**

TOTAL SECTION C: 60

GRAND TOTAL: 150