



Province of the  
**EASTERN CAPE**  
EDUCATION

**SENIOR PHASE**

**GRADE 9**

**NOVEMBER 2012**

**LIFE ORIENTATION**

**MARKS: 100**

**TIME: 2 hours**

---

This question paper consists of 11 pages.

---



**INSTRUCTIONS AND INFORMATION**

Read the instructions carefully before answering questions.

1. Answer ALL the questions.
2. Do not change the numbers of the questions.
3. Write neatly and legibly.
4. In multiple-choice questions write ONLY the correct letter.
5. Leave a line open at the end of each question.



**SECTION A****QUESTION 1**

Choose the most appropriate answer from the list given below. Write only the correct letter (A – D) next to the relevant number (1.1 – 1.5) for example 1.1 B.

1.1 A good friend is the one who ...

- A always agrees with you no matter what.
- B is attractive and popular with everybody.
- C belongs to the same culture and religion as you.
- D is not afraid to tell you when you are wrong. (1)

1.2 A bursary is ...

- A money you borrow from a bank and need to pay back.
- B money paid by the Lotto when you win a scratch card prize.
- C money given to you by an organisation to help you further your studies.
- D money you borrow from your teacher when you do not have lunch. (1)

1.3 A learner programme where the learner spends time learning practical skills in the workplace.

- A Learnership
- B Job shadowing
- C Inspection
- D Learning style (1)

1.4 One of the subjects below is considered to be fundamental in the FET Band (Grade 10 – 12).

- A Accounting
- B Mathematics/Mathematical Literacy
- C Life Sciences
- D Computer Applications Technology (1)

1.5 Between 1994 and 2010 South Africa achieved top honours which united the South African nation. Choose the **honour** that **does not** fit from the list below.

- A In 1995, the Springboks won the Rugby World Cup.
- B In 1996 Bafana-Bafana won the Africa Cup of Nations.
- C In 2007, the Springboks won the Rugby World Cup.
- D In 2010 Bafana-Bafana won 2010 FIFA World Cup. (1)

**[5]**

**QUESTION 2**

State whether the following statements are TRUE or FALSE. Write ONLY the correct answer next to the number (2.1 – 2.5) of the question.

- 2.1 The legal age for alcohol consumption in South Africa is 18 years. (1)
- 2.2 Unskilled workers lack skills that are enough for specialised work. (1)
- 2.3 To recycle is to convert waste into reusable material. (1)
- 2.4 The Bill of Rights states that everyone has the right to shelter. (1)
- 2.5 Heritage refers to things of historic or cultural value that are worthy of preservation. (1)
- [5]**

**QUESTION 3**

Match the term in COLUMN A with the correct explanation in COLUMN B. Write down only the number of the word in COLUMN A (3.1 – 3.5) and the correct number of the explanation/description in COLUMN B (A – E) next to it e.g. 3.1 A.

COLUMN A		COLUMN B	
3.1	Incest	A	a fixed idea that people have about what something or someone is like
3.2	Sport ethics	B	The act of using medication, alcohol or drugs in a harmful manner
3.3	Stereotyping	C	moral principles that determine how one should behave in sporting activities
3.4	Testimonial	D	a form of sexual abuse that happens between relatives such as fathers and daughters
3.5	Substance abuse	E	a statement someone makes about your character, strengths and abilities

(5 x 1)

**[5]****QUESTION 4**

Complete the passage below by filling in the correct word/s from the box below. Write down ONLY the required word/s next to the relevant number (4.1 – 4.10).

**adult, rape, circumstances, ages, superior, blame, rapist, psychologist, girlfriends, trust.**

People of all (4.1 ...) and gender are raped – even grandmothers and young boys. Rape is never right, no matter the (4.2 ...) or when or where it happens – even if a person is an (4.3 ...). The moment one says no and the other person forces it to continue, it is (4.4 ...). Many people believe that men are (4.5 ...) to women.

They also believe that wives or (4.6 ...) are objects of their male partners. Many women feel guilty and (4.7 ...) themselves for the rape. However, rape is always the fault of the (4.8 ...) not the fault of the person who has been raped. Survivors of rape can be traumatised for a long time after the incident and may find it hard to (4.9 ...) men or to be alone with them. Victims of rape are encouraged to seek psychological help from either qualified (4.10 ...).

(10 x 1) [10]

**TOTAL SECTION A: 25**

**SECTION B****QUESTION 5**

Read the passage below and answer questions that follow.

**NON-COMMUNICABLE DISEASES**

South Africa needs to change the way it deals with diseases. HIV/Aids and other contagious diseases such as tuberculosis and malaria have dominated the headlines. However, diseases that are non-contagious also need to be tackled and governments worldwide must come up with plans to control them. Non-contagious diseases are also called non-communicable diseases (NCDs). These are diseases that are not spread by people or insects but that are developed on their own in a person's body. They include cancer, cardiovascular diseases(heart diseases) and diabetes. Experts agree that these are **silent killers** and the leading cause of deaths worldwide each year. NCD's, caused 36 million deaths in 2008 and accounted for 68 percent of all **global deaths**.

[Adapted from an article in the *Sunday Times* , August 2011]

- 5.1 Give TWO examples of non-communicable diseases mentioned in the article. (2)
- 5.2 According to this article, which diseases have been receiving more media attention? (2)
- 5.3 Do contagious diseases kill more people each year? Provide evidence from the article to support your answer. (2)
- 5.4 Explain the meaning of the following terms/phrases as used in the article:
- 5.4.1 silent killers (2)
- 5.4.2 global deaths (2)

**[10]**

**QUESTION 6**

Read Tamara's diary entry and answer questions that follow it.

23 March

I am so angry at my father. He came home drunk again and did not have supper. He started yelling and kicking the furniture. When my mother tried to calm him down, he became even more violent. He punched and kicked her in the stomach and pulled her by hair. When I shouted at him to stop, he slapped me across the face telling me I had no right to shout at him. My brother started crying and my father swore at us and shouted that we were all useless. I just feel so sad and helpless. I do not know what to do.

- 6.1 Give any TWO kinds of abuse that are mentioned in Tamara's diary entry. (2)
- 6.2 Why do you think Tamara's father behaves the way he does? (2)
- 6.3 6.3.1 Is it right for Tamara to shout at her father? (1)
- 6.3.2 Support the answer given in QUESTION 6.3.1. (2)
- 6.4 How is the father's behaviour affecting the whole family? (2)
- 6.5 Give any TWO negative behaviours Tamara's brother could develop in the near future as a result of his father's behaviour. (4)
- 6.6 Tamara says, "I just feel sad and helpless. I don't know what to do." What do you think she can do about her situation? (2)

**[15]**

**QUESTION 7**

Read the following advert and answer the questions based on it.

**Temporary shop assistants are needed at Pick 'n Pay, Mdantsane City Mall for the 2012 December holidays. Pick 'n Pay is an equal opportunity employer.**

**Only honest, hard-working, dedicated teenagers should apply.**

**Working hours:** Saturdays 07:00 – 15:00  
Sundays 08:30 – 13:30

**Job description:** Pack shelves and clean store room. Bring trolleys back from parking area, help clients who need help or product information. Mop and clean shop floors at closing time daily.

**Wage:** R30 per hour

*All applicants should submit a CV before 30 November 2012 to the shop manager.*

- 7.1 7.1.1 Can teenagers of all races apply for the shop assistant position in the advert? (1)
- 7.1.2 Support your answer in QUESTION 7.1.1. (2)
- 7.2 Thabo would love to apply for the job but he is one of the best players in his sports team and they always play sport matches on week-ends.
- 7.2.1 Do you think Thabo should still apply for the job? (1)
- 7.2.2 Support the answer given in QUESTION 7.2.1. (2)
- 7.3 What qualifications are needed for the advertised job? (2)
- 7.4 How else will Thabo benefit from the temporary job in the advert besides the money he will earn during the holidays? (2)
- 7.5 Calculate the wages Thabo can get when he works four Saturdays and two Sundays during the December 2012 holidays. Write down all the necessary calculations. (5)
- [15]**

### QUESTION 8

Read the extract below and answer questions that follow.

#### **Heavyweight and lightweight kids**

Studies show that more and more children and young adults are dangerously overweight and underweight. Doctors say children are obese when they are more than 20 percent over their normal bodyweight and are malnourished when they are 20 percent less than their normal bodyweight. Obese children and teens are far more likely to get diseases such as diabetes and heart diseases at a very young age. Too little exercise and too much fatty and sugary food are the main causes of childhood obesity.

Under-eating is also a health risk. Some kids do not get enough to eat because there is not enough money to buy food or there is war in their countries. To other kids food is available but they choose not to eat. TV advertisements are also to blame for obesity and under-nourishment. We get messages both in magazines and on TV that say fat is 'out' and thin is 'in'.

[Abridged from *Drum Magazine*, 28 July 2011]

- 8.1 Name any TWO steps one can take to make sure one does not over-eat. (2)
- 8.2 Give TWO causes of child obesity as mentioned in the extract. (2)
- 8.3 What is the negative effect of over-eating as stated in the above extract? (2)

8.4 Fill in the spaces below by using information from the extract.

Factors influencing young children’s diet in the extract		Example	
8.4.1	-----	8.4.1	There is no food because there is war in the country
8.4.2	Social factors	8.4.2	-----
8.4.3	Economic factors	8.4.3	-----

(3 x 1) (3)

8.5 Quote a synonym (word with similar meaning) for the word “obese” from the extract.

(1)  
**[10]**

**QUESTION 9**

**Be proud of your country**

In South Africa there are few national days through the year that we, as a nation celebrate together. Some have become national holidays while others are just special days where we dedicate few minutes in serving needy communities.

Choose any national day of your choice and answer the following questions.

- 9.1 Name this national day. (1)
- 9.2 When do we celebrate this day? (Date and month) (2)
- 9.3 Why do we celebrate this day/What is the history behind this day? (2)
- 9.4 How do you celebrate this day? (1)

**[6]**

**TOTAL SECTION B: 56**

**SECTION C: PHYSICAL DEVELOPMENT AND MOVEMENT****QUESTION 10**

Choose the most appropriate answer from the list given below. Write ONLY the correct letter (A – D) next to the relevant number.

10.1 When you participate in any physical activities, you should ...

- A wear high heeled shoes.
- B have inadequate rest periods between activity sessions.
- C eat a balanced diet and drink plenty of water.
- D start with heavy weights so as to be fit quickly. (1)

10.2 ... the only South African athlete who runs with prosthetic blades and qualified for the 2012 Olympic Games.

- A Caster Semenya
- B Oscar Pistorius
- C Natalie du Toit
- D Bernard Parker (1)

10.3 Currently, the Minister of Sport in South Africa is; ...

- A Mr Fikile Mbalula.
- B Mr Francois Oosthuizen.
- C Mrs Angie Motshekga.
- D Miss Thuli Madonsela. (1)

10.4 Umpires and referees are also leaders in a game because they are there ...

- A to ensure that teams of their friends win.
- B so that they can appear on TV.
- C to ensure that rules of the game are followed.
- D so that they can get awards from sponsors. (1)

10.5 ONE of the following is not an example of a movement performance.

- A Rotation
- B Elevation
- C Balance
- D Kickboxing (1)

- 10.6 Match the headline in COLUMN A (10.6.1 – 10.6.4) with one of the unfair practices in COLUMN B (A – D), for example 10.6.1 A.

COLUMN A		COLUMN B	
10.6.1	Drug-taking (doping)	A	Spectators attack referee
10.6.2	Match-fixing	B	Top cyclist accused of using dagga
10.6.3	Sexism	C	Top cyclist accused of using dagga
10.6.4	Aggression	D	Girls are not allowed to enter race

(4 x 1) (4)

- 10.7 Read the following extract and answer questions that follow.

<b><u>Healthy mind, healthy body</u></b>
<p>One of the most important things parents can give their children is to encourage them to be involved in organised sports activity. Healthy parent, healthy child. Partaking in organised sports activities do not only help the child's body be healthier but it is also the key to improving the child's self-image.</p> <p style="text-align: right;"><i>[Investigating Our Lives Grade 9]</i></p>

- 10.7.1 What do you think 'healthy parent, healthy child' mean according to the extract? (2)
- 10.7.2 List any TWO examples of organised sport activities. (2)
- 10.7.3 Name TWO ways in which parents can support their children participating in school sporting activities. (2)
- 10.7.4 Your friend wants to participate in sport and physical fitness activities for teenagers. Give him/her FOUR practical safety tips. (4)

**TOTAL SECTION C: 19**  
**GRAND TOTAL: 100**





