This question paper consists of 11 pages.
INSTRUCTIONS AND INFORMATION

1. This question paper consists of three sections, namely SECTION A, SECTION B and SECTION C.
2. Answer ALL the questions in SECTION A and SECTION B.
3. Answer any TWO questions in SECTION C.
4. Read ALL the questions carefully.
5. Number the answers correctly according to the numbering system used in this question paper.
6. Write neatly and legibly.
SECTION A (COMPULSORY)

Answer ALL the questions in this section.

QUESTION 1

1.1 Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A–D) next to the question number (1.1.1–1.1.10) in the ANSWER BOOK, for example 1.11 E.

1.1.1 According to the Basic Conditions of Employment Act …

A an employee is not required to submit a medical certificate for being absent from work for more than three consecutive days.
B an employee is entitled to five to six weeks paid sick leave within a period of 36 months.
C a pregnant employee is entitled to six consecutive months' maternity leave.
D full-time employees are entitled to two weeks paid family responsibility leave per year.

1.1.2 One of the social consequences of HIV/AIDS in the workplace is …

A a reduced labour force.
B decreased profitability and productivity.
C increased health-care costs.
D increased isolation and discrimination.

1.1.3 Choose the best strategy to manage conflict:

A Get your point across at any cost so that you win because your opinion is important.
B Accept compromise only if it is to your advantage, as the other person is in the wrong.
C Focus on and emphasise the other person's mistake so that they can see what they have done wrong.
D Focus on and emphasise the issue and not the person.

1.1.4 A summary of yourself that best describes your manners, beliefs and values as well as your vision or future plans, is called a/an …

A career statement.
B personal mission statement.
C vision statement.
D action plan statement.
1.1.5 The media has the responsibility to …

A expose and publicise the abuse of human rights and corruption to effect change.
B favour a particular political party because it is in the interest of the media.
C not criticize the government and its actions because it is unconstitutional.
D promote the government because the media belongs to them.

1.1.6 If there is a dispute between you and your employer, you should first try to sort out the problem by yourself or with the help of your union. If this is not successful you can contact the …

B Independent Police Investigative Directorate.
C Public Protector.
D Commission for Conciliation, Mediation and Arbitration.

1.1.7 Which ONE of the following is a human factor that may cause a disaster?

A Droughts may cause poor crops and dangerously low water levels.
B A severe storm is a weather hazard that may trigger widespread devastation.
C Toxic emissions in air, water and land may cause severe health problems in poorer communities.
D Flooding may lead to people being displaced and evacuated.

1.1.8 Study strategies that are effective include …

A studying continuously for at least two hours at a time.
B not doing any exercises during examination time in order to spend more time studying.
C determining a place free from distraction where you can maximize your concentration.
D studying the easiest subject first while you are fresh.

1.1.9 Cardio-respiratory endurance is the ability …

A of the muscles to exert force during an activity.
B of the heart and lungs to supply oxygen to the muscles of the body.
C of the muscles to move for long periods of time and is an indicator of the muscles' ability to do the work.
D to move the muscles and joints through their full range of motion and is beneficial in injury prevention and relaxation.
1.1.10 Formal assessment ...

A assesses only a learner's knowledge in structured tests.
B happens only once at the end of the year for promotion purposes.
C entails criticism of the learner's tasks and tests.
D is structured, continuous and provides data for feedback.

(10 x 1) (10)

1.2 Indicate whether the following statements are TRUE or FALSE. Choose the answer and write only 'true' or 'false' next to the question number (1.2.1–1.2.3) in your ANSWER BOOK. Give a reason if the statement is FALSE.

1.2.1 Distance education universities have the same minimum requirements for admission to undergraduate degree programmes as other universities.

1.2.2 The skill of application in an exam question tests the ability to provide a description of a concept only.

1.2.3 Trade unions fulfil an important role in creating conflict between employer and employee. (5)
### 1.3 Choose a description from COLUMN B that matches an item in COLUMN A. Write only the letter (A–H) next to the question number (1.3.1–1.3.5) in the ANSWER BOOK, for example 1.3.6 J.

<table>
<thead>
<tr>
<th>COLUMN A ITEMS</th>
<th>COLUMN B DESCRIPTIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.3.1 Coach</td>
<td>A specialises in the science of movement and rehabilitates using exercise as a treatment</td>
</tr>
<tr>
<td>1.3.2 Sports administrator</td>
<td>B reports in the media on current events in the world of sport, either generally or concentrating on just one sport</td>
</tr>
<tr>
<td>1.3.3 Recreational officer</td>
<td>C focuses on proper nutrition in order to promote good health and motivates clients</td>
</tr>
<tr>
<td>1.3.4 Biokineticist</td>
<td>D helps clients achieve fitness objectives by providing a one-on-one assessment, an exercise routine, motivation and support</td>
</tr>
<tr>
<td>1.3.5 Personal trainer</td>
<td>E diagnoses and treats sports-related illnesses and injuries</td>
</tr>
<tr>
<td></td>
<td>F oversees the smooth running of a sports organisation, which may range from supervising to implementing policies and regulations</td>
</tr>
<tr>
<td></td>
<td>G motivates, directs and instructs athletes with regard to strategies and tactics during a game or contest</td>
</tr>
<tr>
<td></td>
<td>H organises and motivates sporting and leisure activities such as community functions and sporting competitions</td>
</tr>
</tbody>
</table>

(5 x 1) (5)

### 1.4 Answer the following questions by writing only the correct answer next to the question number (1.4.1–1.4.5).

1.4.1 Name the visual tool that helps your brain to unpack and repack information like the branches of a tree.

1.4.2 What are games called that reinforce community values and promote interaction between communities?

1.4.3 Other than taxation, name ONE lawful deduction that can be made from a worker’s salary without his/her permission.

1.4.4 Identify the study skill that involves quickly reading through a text or chapter to get the general picture.

1.4.5 What can an employer implement for designated population groups to achieve fairness with regard to a workforce that is unrepresentative? (5 x 1)

(5)

**TOTAL SECTION A:** 25
SECTION B (COMPULSORY)

Answer ALL the questions in this section. In this section your answers must be written in full sentences as far as possible.

QUESTION 2

Study the cartoon below and answer the questions that follow:

2.1 State TWO factors that may contribute to students abusing alcohol. (2)

2.2 Explain TWO ways in which alcohol can contribute to the spread of HIV and Aids. (2 x 2) (4)

2.3 Critically discuss TWO ways in which communities can take responsibility to prevent alcohol abuse among teenagers. (2 x 2) (4) [10]
I recently read an article about new technologies in the workplace. It is possible, the article reported, to make it seem as if you are actually in your office doing work when you are really somewhere else. As an example, the writer briefly talked about a guy that used his cellphone to change the screen on his office computer to make it look like he was working, yet all the while he was sitting in a nearby restaurant.

Imagine the possibilities! Leave your lights on and computer powered up when you go home at night, and the next day enjoy a leisurely day on the golf course or shopping. No one will ever know you're not there!

Of course, doing something like this brings up a few ethical dilemmas for anyone in the workplace or for that matter any ethical person.

At the company I work for the CEO recently warned people about coming in late and leaving early. He asked the question: ‘Am I getting my money's worth?’ And that's the point. We all want to make sure that we get value in return for money that we pay out.

Beyond the earthly concerns of wages and responsibilities to our companies, we are not allowing ourselves to fully experience the dignity that comes through work. Being out of the office when we should be working actually robs you of your integrity and self-respect.


3.1 Name ONE ethical issue that is reflected in the extract above and explain why you view this as an ethical issue. (3)

3.2 Other than earning a salary, explain THREE ways in which work adds to YOUR growth and development. (3)

3.3 Using your knowledge of rights and responsibilities in the workplace, explain what action can be taken against employees who do not follow company policy. (2 x 2) (4) [10]
QUESTION 4

Read the case study below and answer the questions that follow.

Gugu is a high-school learner who is very popular at school. She is friendly and outgoing and loves playing netball for her school and soccer for the local community club. Her participation in sport has meant a great deal to her, it has given her self-confidence and has developed her social skills.

Gugu's mother, however, does not agree with her participation in sport. Her mother thinks it is more important for her to learn to cook and clean the house. Gugu says her mother is more traditional and does not support her participation. Gugu's mother says: 'Where I come from girls and women don't go out: work and sports is for boys. Their husbands support them and they work inside the home. Girls must be prepared for marriage. That is the way I was raised.'

Her mother does not believe that girls should go to sporting clubs. 'In my village it was not allowed, girls were not encouraged to play sports. However, here in the city, things seem to be different.'

4.1 The case study above illustrates the social benefits of Gugu's participation in sports. What are the physical benefits of Gugu participating in sports? (2)

4.2 Discuss TWO ways in which the role of sport and games differ in westernised societies compared to more traditional societies. (2 x 2) (4)

4.3 The media tends to maintain the traditional gender roles of men and women by portraying sports as mainly suitable for men. Suggest TWO ways in which the media can change this negative perception of women in sport. (2 x 2) (4)

[10]

TOTAL SECTION B: 30
SECTION C

Answer any TWO short essay questions in this section. Your essay must be 15–20 lines.

QUESTION 5

Read the extract below and answer the question that follows.

For most of us, the experience of conflict in interpersonal relationships is a negative one; but it does not have to be. Conflict can also be positive.


Write a short essay in which you critically discuss THREE ways in which conflict can contribute positively to a healthy relationship and explain how each of the following skills will assist you in managing conflict:

- Listening
- Empathy

[10]

QUESTION 6

Read the extract below and answer the question that follows.

Unemployment is a reality for most school leavers, therefore it is important to be aware of the trends in the job market. It is not good to select a career for which there is no demand. An important part of finding employment is to identify the niche (gap in the market).

[Anon]

Write a short essay about unemployment in which you do the following:

- Explain TWO reasons for the unemployment of Grade 12 school leavers.
- Critically discuss how an entrepreneur can create employment opportunities for him- or herself by reading and identifying the niche market. Use an example to illustrate your answer.

[10]
QUESTION 7

Analyse the cartoon and text below and answer the question that follows.

* Text enhanced for clarity

What a chilling, horrific and heart-breaking story (‘Village grannies must brave crocs for grants’). Your reporter, Mhlaba Memela, has opened a real can of worms.

Women and children risking their lives to cross, then re-cross a raging, crocodile-infested river to collect pensions or go to school in this day and age is beyond belief.


Write a short essay about human rights violations in which you do the following:

- Discuss ONE human right that is being violated in the extract above.
- Suggest TWO practical solutions that the community can apply to address these concerns.
- Evaluate both the practical solutions that you have suggested by discussing the challenges that the community may face in applying each of the solutions that you have proposed.

[10]

TOTAL SECTION C: 20
GRAND TOTAL: 75