

## ELA HLOKO:

- Sebedisa ruburiki ena ka nako tsohle ha o lekanyetsa meqoqo (Pampiri ya 3, KAROLO YA A).
- Matshwao a 0–50 a arotswe ho ya ka dikgato tse 5 tsa ditlhaloso.
- Lekgetheng la Dikahare, Puo le Setaele, tlhaloso e nngwe le e nngwe ya bokgoni e arotswe habedi ho hlahisa boemo bo hodimo le boemo bo tlase; boemo bo bong le bo bong bo na le tlhaloso ya bona.
- Lekgetha la sebopeho lona ha le a arolwa ka bokgoni bo nang le boemo bo hodimo le bo tlase.

## RUBURIKI YA HO LEKANYETSA MOQOQO – SESOTHO PUO YA LAPENG [MATSHWAO A 50]

Makgetha a ho lekanyetsa		Phihlello e babatsehang	Phihlello e supang bokgoni	Phihlello e mahareng	Phihlello ya motheo feela	Phihlello e haellang
<b>DIKAHARE LE MORALO</b>  (Tshekatsheko ya sehlooho) tlhophiso ya mehopolo le dintlha, kelohlolo ya baamohedi ba ditaba, maikemisetso le maemo  <b>MATSHWAO A 30</b>	<b>Boemo bo hodimo</b>	<b>27–30</b>	<b>22–23</b>	<b>15–17</b>	<b>9–11</b>	<b>3–5</b>
		-Nehelano e bontshang kutlwisiso e babatsehang ya sehlooho e supang bokgoni bo ikgethang -Mehopolo e matla, e phepetsa monahano mme ke e kgodisang -O hlophisitswe hantle ka tsela e ikgethang mme o momahane ka tshwanelo ho kenyeditswe selelekela, mmele le qetelo	-Nehelano e ntle e supang tsebo le bokgoni -Mehopolo ke e ipapisitseng ka botlalo le sehlooho mme e kgahlisang -O hlophisitswe hantle ka tsela e ikgethang mme o momahane ka tshwanelo ho kenyeditswe selelekela, mmele le qetelo	-Nehelano ke e kgotsofatsang ditlhoheho -Mehopolo e momahane ka tsela e kgotsofatsang le e kgodisang -O hlophisitswe hantle ka tsela e ikgethang mme o momahane ka tshwanelo ho kenyeditswe selelekela, mmele le qetelo	-Nehelano e momahane mona le mane -Mehopolo ke e seng ya boiqapelo mme e sa hlakang -Ho na le bopaki bo seng bokae ba tlhophiso le momahano ya mosebetsi	-Nehelano e tswile lekoteng e ho hang -Mehopolo ke e sa tsepamang e dubakaneng -Ha e utlwahale mme dintlha di a phetakakwa -Ha o hlophiswa ka tshwanelo le momahano ha e yo
	<b>Boemo bo tlase</b>	<b>24–26</b>	<b>18–21</b>	<b>12–14</b>	<b>6–8</b>	<b>0–2</b>
		-Mosebetsi o tswileng matsoho le ha o haellwa ke dintlha tse ikgethang tsa moqoqo o babatsehang -Mehopolo ke e supang boiphilello bo hodimo -O hlophisitswe hantle ka tsela e bontshang bokgoni mme o momahane ka tshwanelo ho kenyeditswe selelekela, mmele le qetelo	-Mosebetsi o radilweng hantle -Mehopolo ke e loketseng mme e thahasellisang -O hlophisitswe hantle ka tsela e bontshang bokgoni mme o momahane ka tshwanelo ho kenyeditswe selelekela, mmele le qetelo	-Mosebetsi o a kgotsofatsa le ha o sa hlaka mona le mane -Mehopolo e momahane ka tsela e mahareng mme e a kgodisa -Karolo ya mosebetsi e itseng e hlophisitswe -Karolo feela e hlophisehile ka tshwanelo ho kenyeditswe selelekela, mmele le qetelo	-Mosebetsi boholo e tswile lekoteng -Mehopolo ha e a momahana ka tshwanelo mme e a lahlehisa -Nehelano ha e na bopaki bo bokalo ba tlhophiso le momahano	-Boiteko ke bo fokolang ba ho arabela sehlooho -Mehopolo e tswile lekoteng ka ho phetahala, ha e a nepahala -Mosebetsi ha e o tsepama sehloohong, mme e dubakane

**RUBURIKI YA HO LEKANYETSA MOQOQO – SESOTHO PUO YA LAPENG [MATSHWAO A 50] (continued)**

Makgetha a ho lekanyetsa		Phihlello e babatsehang	Phihlello e supang bokgoni	Phihlello e mahareng	Phihlello ya motheo feela	Phihlello e haellang
<b>LE HO HLAOLA DIPHOSO</b>  Sehalo, rejisetara, setaele, tlotlontswe ke tse lokelang sepheo/tshusumetso le maemo Kgetho ya mantswe Tshebediso ya puo le tlwaelo, matshwao a ho bala le mopeleto  <b>MATSHWAO A 15</b>	<b>Boemo bo hodimo</b>	<b>14–15</b> -Sehalo, rejisetara, tlotlontswe di loketse sepheo ka tsela e babatsehang, baamohedi ba ditaba mmoho le maemo -Tshebediso ya hae ya puo e a ikgetha, mme e bontsha boitshepo ka tsela e tsotengang -O sebedisitse sehalo se matla mme se susumetsang ka tsela e ikgethang -O batla o hloka diphoso tsa puo le tsa mopeleto -O radilwe ka bokgoni bo tsotengang	<b>10–11</b> -Sehalo, rejisetara, setaele le tlotlontswe di loketse sepheo ka tsela e babatsehang, baamohedi ba ditaba mmoho le maemo -Tshebediso ya puo e matla mme ho sebedisitswe sehalo se loketseng -Boholo ba mosebetsi ha o na diphoso tsa tshebediso ya puo le mopeleto -O radilwe hantle ka tshwanelo	<b>6–7</b> -Sehalo, rejisetara, setaele le tlotlontswe di loketse sepheo ka tsela e babatsehang, baamohedi ba ditaba mmoho le maemo -Tshebediso ya puo ke e loketseng, mme e fetisa moelelo ka tshwanelo -Puo ya bonono ke e loketseng mme e sebedisitswe ka tshwanelo -Sehalo se sebedisitswe ka tshwanelo -O radilwe ka tsela e mahareng feela	<b>2–3</b> -Sehalo, rejisetara, setaele le tlotlontswe di loketse sepheo ka tsela e babatsehang, baamohedi ba ditaba mmoho le maemo -Puo e sebedisitswe feela ka tsela ya motheo -Sehalo mmoho le moelelo o hlahiswang ke tema ke tse sa lokelang -Ho sebedisitswe tlotlontswe ya motheo feela	<b>0</b> -Puo e sebedisitsweng ha se e utlwisisehang -Sehalo, rejisetara, setaele le tlotlontswe ha di a lokela baamohedi ba ditaba, sepheo le maemo -Tshebediso ya tlotlontswe e haellang ke sesosa sa nehelano e sa utlwisisehang
		<b>12–13</b> -Tshebediso ya puo ke e nepahetseng mme e susumetsang sehalo sa tema -O batla o hloka diphoso tsa puo le tsa mopeleto -O radilwe ka bokgoni bo tsotengang	<b>8–9</b> -Tshebediso ya puo ke e sefutho mme e loketseng maemo -Sehalo ke se matla mme se loketseng -Ho na le diphoso tse seng kae tsa puo le tsa mopeleto -O radilwe hantle	<b>4–5</b> -Tshebediso ya puo ke e kgotsofatsang le ha ho na le ho sa tsamaelane mona le mane -Kakaretso sehalo ke se loketseng le ha puo ya bonono e le e haellang	<b>0–1</b> -Puo ke ya motheo feela mme e sebedisitswe ka tsela e haellang -Popeho ya dipolelo ke e tshwanang e se nang motswako -Tlotlontswe e haella haholo feela	
	<b>Boemo bo tlase</b>	<b>5</b> -Kgodiso ya sehlooho ke e babatsehang -Katoloso ya dintlha ke e ikgethang -Dipolelo le diratswana di bopilwe ka tsela e ikgethang	<b>4</b> -Dintlha ke tse loketseng mme tse hodisang sehlooho -Momahano e bopilwe ke e supang bokgoni -Dipolelo le diratswana di loketse nehelano mme di fapafapanngwa ka tshwanelo	<b>3</b> -Dintlha tse loketseng di hodisa sehlooho ka tsela e mahareng -Dipolelo le diratswana di bopilwe ka tsela e mahareng -Moqoqo o ntse o hlahisa moelelo	<b>2</b> -Tse ding tsa dintlha ke tse utlwahalang -Dipolelo le diratswana di na le diphoso -Moqoqo o a utlwisiseha le ha o le diphoso	<b>0–1</b> -Dintlha tse hlokehang tsa bohlokwa ha di a haella -Dipolelo le diratswana tse hlahisitsweng ke tse fosahetseng -Moqoqo ha o na moelelo o lebeletsweng
		<b>5</b> -Kgodiso ya sehlooho ke e babatsehang -Katoloso ya dintlha ke e ikgethang -Dipolelo le diratswana di bopilwe ka tsela e ikgethang	<b>4</b> -Dintlha ke tse loketseng mme tse hodisang sehlooho -Momahano e bopilwe ke e supang bokgoni -Dipolelo le diratswana di loketse nehelano mme di fapafapanngwa ka tshwanelo	<b>3</b> -Dintlha tse loketseng di hodisa sehlooho ka tsela e mahareng -Dipolelo le diratswana di bopilwe ka tsela e mahareng -Moqoqo o ntse o hlahisa moelelo	<b>2</b> -Tse ding tsa dintlha ke tse utlwahalang -Dipolelo le diratswana di na le diphoso -Moqoqo o a utlwisiseha le ha o le diphoso	<b>0–1</b> -Dintlha tse hlokehang tsa bohlokwa ha di a haella -Dipolelo le diratswana tse hlahisitsweng ke tse fosahetseng -Moqoqo ha o na moelelo o lebeletsweng
<b>MATSHWAO</b>		<b>40–50</b>	<b>30–39</b>	<b>20–29</b>	<b>10–19</b>	<b>0–9</b>

**RUBURIKI YA HO LEKANYETSA TEMA YA KGOKAHANO – SESOTHO PUO YA LAPENG [MATSHWAO A 25]**

<b>Makgetha a ho leknyetsa</b>	<b>Phihlello e babatsehang</b>	<b>Phihlello e supang bokgoni</b>	<b>Phihlello e mahareng</b>	<b>Phihlello ya motheo feela</b>	<b>Phihlello e haellang</b>
<b>DIKAHARE, MORALO LE SEBOPEHO</b>  Tshekatsheko ya sehlooho le mehopolo Tlhophiso ya mehopolo Kelohloko ya maikemisetso, baamohedi ba ditaba, le maemo  <b>MATSHWAO A 15</b>	<b>12–15</b>  -Tshekatsheko e babatsehang ya sehlooho e supang bokgoni bo ikgethang -Mehopolo e matla e butswitseng -Tsebo e batsi ya makgetha a mofuta ona wa tema -Mosebetsi ha o kgere o tsepame sehloohong -Mehopolo le dikahare ke tse momahaneng -Dintlha tsohle di tshehetsa sehlooho mme di hlalositswe ka botebo -Sebopeho ke se nepahetseng	<b>9–11</b>  -Tshekatsheko e ntle haholo e bontshang tsebo e ntle ya makgetha a mofuta ona wa tema -Mosebetsi ha o kgere o tsepame sehloohong -Mehopolo le dikahare ke tse momahaneng, tse hlalositsweng ka botebo, mme dintlha di tshehetsa sehlooho -Sebopeho ke se loketseng se nang le diphoso tse mmalwa	<b>6–8</b>  -Tshekatsheko e lekaneng e bontshang tsebo ya makgetha a mofuta ona wa tema -Mosebetsi ha o a tsepama sehloohong ka ho phethahala ho na le ho kgera ho itseng -Mehopolo le dikahare di na le momahano e amoheleng -Ke dintlha tse itseng feela tse tshehetsang sehlooho -Ka kakaretso sebopeho ke se loketseng empa se nang le diphoso tse itseng	<b>4–5</b>  -Tshekatsheko ya motheo e bontshang tsebo ya makgetha a itseng feela a mofuta ona wa tema -Mosebetsi o na le tsepamo e itseng feela sehloohong empa o a kgera -Mehopolo le dikahare ha se ka mehla di momahaneng -Sehlooho se tshehetswa ke dintlha tse itseng feela -Sebopeho se fofo feela, mme se na le bohlotso bo boholo	<b>0–3</b>  -Tshekatsheko e totobatsa kgaello ya tsebo ya makgetha a mofuta ona wa tema -Moelelo o nyotobetse ke ho kgera ho hoholo -Mehopolo le dikahare ha di na momahano -Ke dintlha tse mmalwa haholo tse tshehetsang sehlooho -Ha ho na boiteko bo entsweng ho sebedisa sebopeho se nepahetseng
<b>PUO, SETAELE LE HO HLAOLA DIPHOSO</b>  Sehalo, rejistara, setaele, maikemisetso, baamohedi ba ditaba le maemo. Tshebediso ya puo, tlwaelo ya tshebediso ya puo, kgetho ya mantswe, matshwao a ho bala le mopeleto  <b>MATSHWAO A 10</b>	<b>8–10</b>  -Sehalo, rejistara, setaele, le tlotlontswe di loketse ka ho fetisisa maikemisetso, baamohedi ba ditaba le maemo -Tshebediso ya puo e nepahetse e bile e bopehile hantle -Mosebetsi ha o na diphoso	<b>6–7</b>  -Sehalo, rejistara, setaele, le tlotlontswe di loketse ka ho fetisisa maikemisetso, baamohedi ba ditaba le maemo -Ka kakaretso tshebediso ya puo ke e nepahetseng e bileng e bopehile hantle -Tshebediso ya tlotlontswe e ntle haholo -Mosebetsi boholo ha o na diphoso	<b>4–5</b>  -Sehalo, rejistara, setaele le tlotlontswe di loketse maikemisetso, baamohedi ba ditaba le maemo -Mosebetsi o na le diphoso tse itseng tsa tshebediso ya puo -Tshebediso ya tlotlontswe ke e lekaneng -Diphoso ha se tse nyotobetse moelelo	<b>2–3</b>  -Sehalo, rejistara, setaele le tlotlontswe ha di a lokela maikemisetso, baamohedi ba ditaba le maemo hantle -Tshebediso ya puo e fosahetse e bile e tletse diphoso tse ngata -Tshebediso e seng kae ya tlotlontswe -Moelelo o nyotobetse	<b>0–1</b>  -Sehalo, rejistara, setaele le tlotlontswe ha di dumellane le maikemisetso, baamohedi ba ditaba le maemo -Mosebetsi o tletse diphoso o dubakane -Tlotlontswe ha e dumellane le maemo -Moelelo o nyotobetse haholo
<b>MATSHWAO</b>	<b>20–25</b>	<b>15–19</b>	<b>10–14</b>	<b>5–9</b>	<b>0–4</b>