This question paper consists of 14 pages.
INSTRUCTIONS AND INFORMATION

1. This question paper has THREE sections.

   SECTION A: Comprehension (30)
   SECTION B: Summary (10)
   SECTION C: Language (40)

2. Answer ALL the questions.

3. Start EACH section on a NEW page.

4. Rule off after each section.

5. Number the answers correctly according to the numbering system used in this question paper.

6. Leave a line after each answer.

7. Pay special attention to spelling and sentence construction.

8. Suggested time allocation:

   SECTION A: 50 minutes
   SECTION B: 30 minutes
   SECTION C: 40 minutes.

9. Write neatly and legibly.
SECTION A: COMPREHENSION

QUESTION 1

Read the passage below (TEXT A) and answer the set questions.

TEXT A

### WALKING TO HEAL A WARPED HEART

1. A Cape Town woman, Charlotte Steyn, is walking the talk in her venture to raise money for charity. Charlotte is taking her idol Nelson Mandela’s book title *Long Walk To Freedom* and turning it into a 532 km walk for nine charities.

2. Her quest, called Hearts in Motion, is to walk through South Africa in the shape of a heart, and it began after she quit the corporate world. “I resigned from my job, as a training and development manager, in September last year and I took a break overseas just to clear my head. Then in December, I was at the hairdresser getting my Christmas hairdo and I kept asking myself what’s missing. I closed my eyes for a second and I got this vision in my mind of the outline of South Africa and a heart shape in it. I just dismissed it and put it out of my head but it kept coming back to me,” she said. Unable to shake the vision, Steyn then printed out a map of South Africa and a heart – and the walk was born from that.

3. “The vision of the heart just kept coming back to me and when I printed it the heart didn’t want to fit onto the shape of the map. Then when I warped the heart it did and it hit me South Africa has a warped heart and we all need healing. The heart is the core of our moral being and we need to heal it,” she said.

4. Steyn has spent 136 days walking and covered just over 4 500 km to date. She started the walk in Blouberg in the Western Cape and it has seen her go into towns like Calvinia in the Northern Cape, Lichtenburg in the North West and other towns in Gauteng, Limpopo, Mpumalanga, KwaZulu-Natal and now the Eastern Cape. She walks in Vibram Five Finger shoes which separate the toes of the shoes to create a barefoot walking experience.

5. Although she does have a backup driver who joins her on some parts of the route, she largely travels alone and walks most of the route through the veld and not on the highways. For the coastal legs of the walk, she has followed the coastline. “Of course there have been some safety concerns but I can say I have walked right through South Africa without incident and for me that’s incredible. There are so many ways to express how this has been and if I had to choose two words to describe this, the words would be ‘absolutely magnificent’. The weather, the sands and the gorges have been part of it and they complete the journey. It is tougher at the river mouths because of the tides and I do have a backup vehicle in case something goes really wrong but it’s been a wonderful adventure.
6. Steyn said although the people in her life expressed reservations about her ability to finish the walk within the prescribed time, her tenacity keeps her going. “Many people react to things differently and some people were telling me I need more time or I need more resources but to me the word no does not exist and one has to change your approach until you get to the yes and I am doing it right now.”

7. “When I get back home, this will not be the end of it. I am going to set up an online auction to keep raising funds and I am going to set up a facility to help people to set up their businesses to make a better life for themselves. For me, this is just the beginning.”

8. Steyn will arrive in Knysna on September 26 and leave on September 28. From there she will walk to George and arrive on September 30. The final leg of her walk will see her go through Oudtshoorn, Worcester and Paarl before arriving at her final destination in Cape Town on 20 October.

[Adapted from an article by Neo Bodumela, LaFemme, 18 September, 2013]

NOTE:

- Answer all the questions in your OWN WORDS, unless you are asked for a quotation.
- For one-word answers, write only the question number and the word.
- For multiple-choice questions, write only the question number and the letter (A–D) of the correct answer.

1.1 Refer to paragraph 1.

1.1.1 In which city does Charlotte Steyn live? (1)

1.1.2 What is the purpose of this venture of hers? (1)

1.1.3 Explain the expression, ‘is walking the talk’. (2)

1.1.4 Charlotte implies that the book Long Walk to Freedom inspired her with her venture. What does the title of Nelson Mandela’s book and Charlotte’s venture have in common? (2)

1.2 Refer to paragraph 2.

1.2.1 In your OWN words, state what the purpose was of Charlotte’s overseas holiday. (1)

1.2.2 Choose the correct answer to complete the following sentence. Write down ONLY the question number (1.2.2) and the letter (A–D).

The passage states that Steyn was unable to shake the vision. This means that she …

A could not see properly.
B could not dismiss this image.
C could easily remove this image.
D could not see at all. (1)
1.3 Refer to paragraph 3.

1.3.1 ‘South Africa has a warped heart’. Is this sentence used literally or figuratively? (1)

1.3.2 Explain what is meant by this sentence in the context of the paragraph. (2)

1.4 Refer to paragraph 4.

1.4.1 In which province did Steyn start her walk? (1)

1.4.2 Quote FOUR consecutive words that imply that she was in another province when this article was written. (1)

1.4.3 Why does Charlotte use Vibram Five Fingers shoes? (1)

1.5 Refer to paragraph 5.

1.5.1 Give a reason why Steyn chose to travel through the veld rather than on the highways. (1)

1.5.2 List THREE things that contributed to Charlotte’s journey being magnificent. (3)

1.6 Refer to paragraph 6.

Is the following statement TRUE or FALSE? Quote to prove your answer.

Charlotte’s relatives and friends believed that she would be able to complete her walk in the allocated time. (1)

1.7 Refer to paragraph 7.

According to this paragraph, how will Charlotte continue to do good after she has completed her walk? (2)

1.8 Refer to paragraph 8.

Explain what is meant by: ‘The final leg of her walk’. (1)

1.9 After reading this passage, would you regard Charlotte as a role model? Discuss your view. (2)
TEXT B

1.10 In which two cities will the première of the movie *Long Walk to Freedom* be shown? (2)

1.11 Quote a SINGLE word from the extract that means, “the first public showing of the movie”. (1)

1.12 What evidence, in the text, suggests that there is an age restriction attached to entering this competition? (1)

1.13 Study the picture. How does the picture convey the message that freedom has been achieved? In your answer consider Mandela’s body language and the fact that his back is turned. (2)

**TOTAL SECTION A:** 30
SECTION B: SUMMARY

QUESTION 2

You are preparing a speech on how to improve your mental health.

Read the passage (TEXT C) below and write down SEVEN main points you will include in your speech.

INSTRUCTIONS

1. List SEVEN points in full sentences using NO MORE than 70 words.
2. Number your sentences from 1 to 7.
3. Write only ONE point per sentence.
4. Use your OWN words.
5. Indicate the number of words you have used in brackets at the end of your summary.

TEXT C

HOW TO IMPROVE YOUR MENTAL HEALTH

Research has shown that making certain choices in your day-to-day life can help improve your mental health. By looking after your physical health you will improve your mental health. For optimal functioning, eight hours’ sleep a night is recommended for most people. It has been proven that exercise can alleviate stress, anxiety and depression. Taking a brisk 10-minute walk can do wonders for your state of mind.

By stimulating your five senses, you are able to appreciate your surroundings. Listen to music, place flowers where you will see and smell them, get a massage, relax in a bubble bath, or cook a delicious meal. In our busy lives it is important to make time for leisure. You can watch an uplifting movie, have lunch with a friend or take a walk on the beach.

Working out what affects your mental wellbeing can be done by identifying what triggers negative feelings. In doing so, you can take steps to avoid or change bad mood triggers. The people you choose to surround yourself with will affect and reflect who you are. Surrounding yourself with negative people will only bring out the worst in you. Life is to be enjoyed so avoid people who leave you feeling drained, negative, upset or unsettled.

Give vent to your feelings. It is the cheapest form of therapy. Talking to a friend or family member can make a bad situation feel bearable. Once you let the bad out, you can make space for the good to filter in.

[Adapted from Jet Club, October 2013]

TOTAL SECTION B: 10
SECTION C: LANGUAGE

QUESTION 3: ANALYSING AN ADVERTISEMENT

Study the advertisement (TEXT D) and answer the set questions.

TEXT D

In 1888, we created the world’s first plaster. Since then we’ve spent the last 125 years perfecting the science of wound protection and healing. Today our plasters are the trusted caretaking healing experts all over the world. Whether you need rugged waterproof plasters for your next adventure or a fun kids plaster, Elastoplast has you covered.
NOTE:

- For one-word answers, write only the question number and the word.
- For multiple-choice questions, write only the question number and the letter (A–D) of the correct answer.

3.1 What is being advertised in this advertisement? (1)

3.2 Mention TWO techniques used by the advertiser to attract the reader’s attention. (2)

3.3 Study the main picture. What does the hand in the water with the thumb up suggest about the product? (2)

3.4 Why, do you think, is the phrase “125 years” repeated twice in the advertisement? (2)

3.5 Elastoplast has you covered means …

   A  it covers your wounds.
   B  no matter what the injury there is a suitable plaster for you.
   C  to obstruct.
   D  it provides an alibi. (1)

3.6 Would you buy this product? Provide a well-substantiated reason for your answer. (2)
QUESTION 4: ANALYSING A CARTOON

NOTE:

- For one-word answers, write only the question number and word.
- For multiple-choice questions, write only the question number and the letter (A–D) of the correct answer.

Read the cartoon (TEXT E) below and answer the set questions.

TEXT E

Glossary: conundrum – a difficult question or riddle.

NOTE: In this cartoon, J.C. is the man speaking to the gentleman holding the clipboard and Bumstead is the one being carried.

4.1 Refer to frame 1.
   4.1.1 What emotion is J.C. experiencing? (1)
   4.1.2 Give TWO reasons for your answer in QUESTION 4.1.1. In your response consider the words AND the illustration (drawing). (2)

4.2 Refer to frame 2.
   4.2.1 Based on what the man carrying the clipboard says, what is J.C.’s relation to Bumstead? (1)
   4.2.2 Provide a reason for your answer in QUESTION 4.2.1. (1)
   4.2.3 In your own words, explain why J.C. finds it difficult to dismiss Bumstead. (1)
   4.2.4 Write the contraction “I’ve” out in full. (1)
4.3 Refer to frame 3.

4.3.1 What do the action lines in frame 3 suggest?

A Bumstead is being thrown out.
B JC is doing weightlifting.
C JC is spinning Bumstead above his head.
D Bumstead is unable to walk. (1)

4.3.2 Consider the cartoon as a whole.

Is J.C.’s behaviour acceptable? Discuss your view, mentioning TWO points. (2) [10]
QUESTION 5: LANGUAGE AND EDITING SKILLS

5.1 Read the following passage (TEXT F), which contains some deliberate errors, and answer the set questions.

TEXT F

Nothing small about Josh’s gesture

1 He may be playing a cabin boy in a play about pirates, but in real life Josh van Wyk is a young philanthropist with a heart of gold.

2 He is trying to raise funds for two friends, who are living with life-threatening illnesses.

3 Josh, who plays Jake the cabin boy in the Gilbert and Sullivan production *The Pirates of Penzance*, is arranging a fundraising gala in the Savoy Theatre.

4 Megan’s kidneys have failed and she have autism and epilepsy. Daniel has the kidney disorder Nephrotic Syndrome, and is physical disabled.

5 The venue takes 340 people. Van Wyk, however, has sold only 53 tickets for tomorrow’s performance.

6 “We need to sell more tickets.” I really want to help them. My teachers and principal have bought tickets,” Josh said.

7 The Westering Primary Grade 4 pupil lives by the motto “do good and good will come back to you”.

8 The Burley siblings were born with a genetic disorder called familial spastic paraplegia, which results in physical and mental disabilities.

[Adapted from *The Herald*, 29 October, 2013]

5.1.1 Identify an adjective in the following sentence:

Josh van Wyk is a young philanthropist. (1)

5.1.2 Rewrite the following sentence in the past tense:

He is trying to raise funds for two friends. (1)

5.1.3 Rewrite the following sentence in the passive voice starting with the given words:

Josh is arranging a fundraising gala.

Start with: A fundraising … (2)
5.1.4 Correct the SINGLE error in each of the following sentences:

(a) Megan’s kidneys have failed and she have autism and epilepsy. 
(b) Daniel has a kidney disorder and is physical disabled.
(c) The venew takes 340 people.
(d) Van Wyk has sold only 53 tickets for tomorrows performance.

5.1.5 Rewrite the following sentence in reported speech:
Josh said, “We need to sell more tickets.”

5.1.6 Rewrite the following sentence in the negative form:
The Westering Primary Grade 4 pupil lives according to a motto.

5.1.7 Rewrite the following sentence in the singular form:
The Burley siblings were born with a genetic disorder.

5.2 Study the following text (TEXT G), and answer the set questions.

TEXT G

[Adapted from You magazine, 31 October, 2013]
5.2.1 Change the following sentence into a tag question.
Natura Rescue is the tried and trusted remedy. (1)

5.2.2 Find a synonym for the underlined word in the above text.
Rescue assists you with anxiety. (1)

5.2.3 Write out the abbreviation e.g. in full. (1)

5.2.4 Combine the following sentences into a single sentence using the words ‘Not only’:
Rescue is available in a spray.
Rescue is available in tablet form. (2)

5.2.5 Complete the following sentence by choosing the correct answer from the words provided:
Rescue offers you ... peaceful night’s sleep.

A  a  
B  an
C  most
D  any (1)

[20]

TOTAL SECTION C:  40
GRAND TOTAL:  80