

**ALGEMENE ONDERWYS-EN-OPLEIDINGSERTIFIKAAT**

**NKR VLAK 1**

**BOOV VLAK 4 SENTRUMGEBASEERDE ASSESSERING**

|  |  |  |
| --- | --- | --- |
| **LEERAREA** | **:** | **INLIGTINGSKOMMUNIKASIE-TEGNOLOGIE** |
| **KODE** | **:** | **INCT4** |
| **INSTRUMENT** | **:** | **TOETS** |
| **TYD** | **:** | **2,5 URE** |
| **PUNTE** | **:** | **50** |

**Hierdie assesseringsinstrument bestaan uit 6 bladsye.**

2

|  |  |  |
| --- | --- | --- |
| **NASIENINSTRUMENT/NASIENKONTROLELYS** |  |  |

|  |  |  |
| --- | --- | --- |
| **VAN EN VOORLETTERS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |  |  |

|  |  |  |
| --- | --- | --- |
| **SENTRUMNAAM: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |  |  |

|  |  |  |
| --- | --- | --- |
| **SATELLIETNAAM: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |  |  |

|  |  |  |
| --- | --- | --- |
| **AFDELING A** |  |  |

|  |  |  |
| --- | --- | --- |
| **VRAAG 1** | **PUNTE** | **BEHAAL** |
| **TOTAAL** | **20** |  |

|  |  |  |
| --- | --- | --- |
| **VRAAG 1** |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1.1 | 1.1.1 | C🗸 |  |  |
|  | 1.1.2 | B✓ |  |  |
|  | 1.1.3 | D✓ |  |  |
|  | 1.1.4 | D✓ |  |  |
|  | 1.1.5 | A✓ |  |  |
|  | 1.1.6 | C✓ |  |  |
|  | 1.1.7 | C✓ |  |  |
|  | 1.1.8 | D✓ |  |  |
|  | 1.1.9 | B✓ |  |  |
|  | 1.1.10 | B🗸  (10 x 1) |  | (10) |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1.2 | 1.2.1 | D✓ |  |  |
|  | 1.2.2 | F✓ |  |  |
|  | 1.2.3 | I✓ |  |  |
|  | 1.2.4 | A✓ |  |  |
|  | 1.2.5 | H✓ |  |  |
|  | 1.2.6 | B✓ |  |  |
|  | 1.2.7 | J✓ |  |  |
|  | 1.2.8 | E✓ |  |  |
|  | 1.2.9 | C✓ |  |  |
|  | 1.2.10 | G✓  (10 x 1) |  | (10)  **[20]** |

|  |  |  |
| --- | --- | --- |
| **TOTAAL AFDELING A:** |  | **20** |

3

|  |  |  |
| --- | --- | --- |
| **AFDELING B** |  |  |

|  |  |  |
| --- | --- | --- |
| **VRAAG 2** |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **VRAAG** | **REGMERKE** | **MANIPULERING** | **PUNTE** | **BEHAAL** |
| 2.1 | 🗸  🗸 | Dokument in Ms Word getik | 3 punte vir tik van hele dokument  3 punte vir akkuraatheid, spasiëring, leestekens  (Moenie meer as een keer penaliseer nie.) |  |
| 2.2 |  | Font Arial is toegepas | 1 |  |
| 2.3 | 🗸🗸 | Vetdruk (‘bold’) en hoofletters toegepas | 1  1 |  |
| 2.4 | 🗸🗸🗸 | Pers toegepas op teks, Algerian grootte 12 | 3 |  |
| 2.5 | 🗸 | Plek (‘venue’) in rooi beklemtoon | 1 |  |
| 2.6 | 🗸 | 1.5 lynspasiëring toegepas | 1 |  |
| 2.7 | 🗸 | Dokument gestoor as VRAAG2 | 1 |  |
| **TOTAAL** |  |  | **[15]** |  |

4

Aan: OOV-Vlak 1-4 Onderwysers

Van: Sentrum Beheerliggaam

**ONDERWERP: UITNODIGING NA ŉ SPESIALE VERGADERING**

**U word hiermee uitgenooi na ŉ spesiale vergadering OM die migrasie van VOLWASSE ONDERWYS van basiese onderwys MET hoër onderwys te bespreek.**

Plek: Gaerobe OVLS

Datum: 2 November 2015

Tyd: 9:00-10:30

Jou bywoning is noodsaaklik, want dit sal jou toekoms in die VOO-sektor bepaal.

Die uwe

Mogari S.G.

(Voorsitter)

|  |  |  |
| --- | --- | --- |
| **TOTAAL AFDELING B:** |  | **15** |

|  |  |  |
| --- | --- | --- |
| **AFDELING C** |  |  |

|  |  |  |
| --- | --- | --- |
| **VRAAG 3** |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **VRAAG** | **REGMERKE** | **ASSESSERINGS-KRITERIA** | **PUNTE** | **BEHAAL** |
| 3.1 | 🗸🗸🗸🗸🗸  🗸🗸🗸🗸🗸 | Ontwerp van 5 skyfies | 5 punte vir die skep van 5 skyfies  5 punte vir tik binne elke skyfie |  |
| 3.2 | 🗸🗸 | Ontwerpe in skyfie 5 toegepas | 2 |  |
| 3.3 | 🗸🗸 | Animasie en kolkarakters (‘dot bullets’) toegepas | 2 |  |
| 3.4 | 🗸 | Aanbieding gestoor asVRAAG3 | 1 |  |
| **TOTAAL** |  |  | **[15]** |  |

5

|  |  |
| --- | --- |
|  | LIGGAAMLIKE FIKSHEID |

|  |  |
| --- | --- |
|  | * Dit stel die menslike liggaam in staat om aan die eise te voldoen, wat deur die omgewing en daaglikse keuses daaraan gestel word. * Dit help om ‘n meer positiewe en dinamiese houding teenoor die lewe te ontwikkel. * Dit lei daartoe dat longe doeltreffend werk en verbeter ‘n mens se lewe.   HOEKOM LIGGAAMLIKE FIKSHEID? |

|  |  |
| --- | --- |
|  | * Gereeldheid van oefening is wenslik. * Die volgende is goeie voorbeelde van oefening * Swem * Fietsry * Aërobiese oefening * Dans   GEREELDE OEFENING |

6

|  |  |
| --- | --- |
| * Well-balanced nutrition is important * Smoking and using drugs can cause serious damage to one’s health | * Goedgebalanseerde voeding is belangrik. * Rook en die gebruik van dwelms kan ernstige skade aan ‘n mens se gesondheid aanrig.   VOEDING |

|  |  |
| --- | --- |
|  | * Daar is programme wat individue help om fiks te word, insluitend: * Gimnasiums * Spesiale, persoonlike afrigters * Liggaamsoefening-deskundiges   BESKIKBARE PROGRAMME |

|  |  |  |
| --- | --- | --- |
| **TOTAAL AFDELING C:** |  | **15** |

|  |  |  |
| --- | --- | --- |
| **GROOTTOTAAL:** |  | **50** |