



# basic education

Department:  
Basic Education  
**REPUBLIC OF SOUTH AFRICA**

## **NATIONAL SENIOR CERTIFICATE**

**GRADE 12**

**LIFE ORIENTATION  
COMMON ASSESSMENT TASK  
SEPTEMBER 2023**

**MARKS: 100**

**TIME: 2½ hours**

**DEAF LEARNERS**

**This question paper has 9 pages.**



\* L I F O E \*

**INSTRUCTIONS AND INFORMATION**

1. There are **THREE sections**:  
SECTION A, SECTION B and SECTION C.
2. Do **ALL the questions** in **SECTION A and SECTION B**.
3. **Choose TWO questions** from **SECTION C**.
4. **Read ALL the questions.**  
**Make sure** that you **understand** the question.
5. **Number the answers the same as the numbers** on the **question paper**.
6. **Write neatly and legibly.**

**SECTION A (COMPULSORY)**

Answer **ALL** the **questions** in this section.

**QUESTION 1**

1.1 **Choose the answer.**

**Write the letter (A–D) next to the question numbers (1.1.1 to 1.1.5), e.g. 1.1.6 D.**

1.1.1 A **study strategy** that could **help** you to **study effectively** could include ...

- A **studying** within a **short period** of time.
- B **having** the **correct work** to learn.
- C **studying** over a **longer period** of time.
- D **start a long time before** the examination.

1.1.2 The **Labour Relations Act** allows for the **dismissal** of **workers** based on ...

- A the policy to **redress inequalities**.
- B the rule of **affirmative action**.
- C proof of **unequal gender roles**.
- D a **worker's** general **performance**<sub>(quality of work)</sub>.

1.1.3 **Embezzlement** could be ...

- A **using** the **company's resources for yourself**.
- B **awarding a contract without** following **procedures**<sub>(rules)</sub>.
- C **accepting a payoff**<sub>(money)</sub> to **allow someone to steal**.
- D **demanding a reward**<sub>(money)</sub> from a contracted **supplier**.

1.1.4 Your class **discusses** a **question** in an **examination question paper**.

You **do it to** ...

- A **think about** the **importance** of **something**.
- B show **how** different **parts connect**.
- C show that **you can think** about things **and understand** them.
- D give the precise **meaning** of **concepts**<sub>(subject words)</sub>.

1.1.5 The **government** sometimes has a **duty** to lawfully **restrict**<sub>(not allow/make less)</sub> **freedom of expression** ...

- A to **protect citizens** from **lawsuits**.
- B for **reasons** of **public principles**<sub>(rules and laws)</sub>.
- C to **promote a religious practice**.
- D to **manage public broadcasting**<sub>(radio and television)</sub>

(5 x 1) (5)

- 1.2 Give ONE word for EACH description.**  
**Write the word next to the question numbers (1.2.1 to 1.2.3).**
- 1.2.1 **Shared beliefs, customs, activities, traditions, values, religions and ideas that are common to a group** (1)
- 1.2.2 **A strong sense of suitability to follow a career or a job** (1)
- 1.2.3 **Use technology to harass<sub>(bully)</sub> or intimidate<sub>(make afraid)</sub> someone by sending threatening<sub>(make unhappy)</sub> messages** (1)
- 1.3 Answer the questions.**  
**Write the answer next to the question numbers (1.3.1 to 1.3.3).**  
**Write your answers in FULL SENTENCES.**
- 1.3.1 Give **TWO benefits of managing stress appropriately<sub>(the right way)</sub>**, which could **improve your quality of life.** (2 x 1) (2)
- 1.3.2 **What does *nation building* mean?**  
**Explain your answer.** (1 x 2) (2)
- 1.3.3 Explain **ONE benefit of scanning as a reading skill.** (1 x 2) (2)
- 1.4 Read the information.**  
**Answer the questions. Write FULL SENTENCES.**

#### **ADAPTING TO GROWTH AND CHANGE IN A GLOBALISED WORLD**

Young people today live in a dynamic<sub>(fast-changing)</sub> and globalised<sup>1</sup> world where change is inevitable<sub>(cannot be stopped)</sub>. Therefore, they need to prepare themselves for an inclusive<sub>(for all people)</sub> global<sup>2</sup> and sustainable<sup>3</sup> world of work.

#### **Glossary:**

<sup>1</sup>globalised: ideas, knowledge, information, goods and services spread around the world

<sup>2</sup>global: worldwide/international

<sup>3</sup>sustainable: to continue for a long time

[Adapted from [www.qs-gen.com](http://www.qs-gen.com). Accessed on 03/01/2023.]

- 1.4.1 **What does it mean to *adapt to changes in social circumstances*?**  
**Explain your answer.** (1 x 2) (2)
- 1.4.2 **Why is living in a globalised world good for your career development?**  
**Give ONE reason.** (1 x 2) (2)
- 1.4.3 **How can you prepare yourself to successfully adapt to global changes in the world of work?**  
**Give ONE answer.**  
**Explain your answer.** (1 x 2) (2)

**TOTAL SECTION A: 20**

**SECTION B (COMPULSORY)**

Answer **ALL** the questions.

Write your answers in **FULL SENTENCES**.

**QUESTION 2**

Read the information. Answer the questions.

**LONG-TERM ENGAGEMENT IN PHYSICAL ACTIVITY** (do exercise/sport)  
**PREVENTING** (not happen) **LIFESTYLE DISEASES**

Being physically inactive (not exercise) is one of the biggest health challenges (problems). This causes lifestyle diseases. People know about the benefits of being physically active but still follow an inactive lifestyle. This is a concern all over the world.

Being physically active (do sport/exercise) could increase your energy levels. It helps to prevent (not happen) lifestyle diseases and prevent people from using harmful substances (drugs/alcohol) when they are challenged with life's problems.

Different factors (things) could influence people's participation in physical activities. These include intrapersonal, interpersonal, environmental and social factors.

Starting an action plan could help you to improve your health. It is important to have a good plan of action.

[Adapted from [www.openpublichealthjournal.com](http://www.openpublichealthjournal.com). Accessed on 02/01/2023.]

- 2.1 **What are *lifestyle diseases*?**  
**Explain** your answer. (1 x 2) (2)
- 2.2 You **join** a **fitness group**.  
 Give **ONE way** in which being **part** of a **fitness group** may **motivate you** to do **more physical activities**.  
**Explain** your answer. (1 x 2) (2)
- 2.3 Explain **ONE environmental factor** that may **discourage** (not want to do) you from taking part in **physical activities**. (1 x 2) (2)
- 2.4 **How** could **long-term participation** in **physical activity** **increase** your **energy levels**?  
**Explain** your answer. (2 x 2) (4)
- 2.5 You have **problems in life**.  
**How** could **physical activities** **prevent** you from **using harmful substances**? (2 x 2) (4)
- 2.6 **Why** is it **important** to follow a **well-planned action plan** to **improve** your **health**?  
**How** will **each part** of the plan **help** you to **succeed** (do well)? (2 x 3) (6)
- [20]**

**QUESTION 3**

**Read the information. Answer the questions.**

**SOUTH AFRICAN YOUTH: LACK OF REQUIRED SKILLS  
RECRUITMENT TRENDS**

South African post-school youth are struggling to find suitable jobs, because of a lack<sub>(not have)</sub> of required skills and their inability<sub>(cannot do)</sub> to get knowledge about the newest recruitment trends in the job market.

Recruitment trends change over time. The expectations of companies, human resource recruiters and candidates continually change, meaning that one needs to adapt to these changes.

The most common concern<sub>(worry)</sub> employers have about young job seekers is that they may not realise that they are responsible for risking their chances of getting employed. Employers think that most of the young people that are getting employed need to be more willing to upskill<sub>(improve skills)</sub> themselves in the job.

The problem is that young job seekers may not know about the new recruitment trends used by recruiters.

Young job seekers should also realise the importance of having a personal brand, meaning a personal and unique way in which they could market<sub>(advertise)</sub> themselves in today's world of work.

[Adapted from <https://job-hunt.org>. Accessed on 07/01/2023.]

- |     |   |         |                    |
|-----|---|---------|--------------------|
| 3.1 | <b>What are <i>recruitment trends</i>?</b><br><b>Explain</b> your answer.   | (1 x 2) | (2)                |
| 3.2 | <b>How</b> do young <b>job seekers</b> <b>risk</b> their <b>chances</b> of being <b>considered for a job</b> ?<br><b>Explain ONE</b> answer.  | (1 x 2) | (2)                |
| 3.3 | <b>Why</b> is it <b>important</b> for young <b>workers</b> to continually <b>upskill themselves</b> in a job?   | (1 x 2) | (2)                |
| 3.4 | <b>How</b> can you <b>keep up</b> with the <b>newest recruitment trends</b> ?<br><b>Explain TWO</b> ways.   | (2 x 2) | (4)                |
| 3.5 | <b>How</b> could <b>having</b> a <b>personal brand</b> <b>improve</b> your <b>chances</b> of finding a <b>job</b> ?   | (2 x 2) | (4)                |
| 3.6 | <b>Think</b> about the <b>latest trends</b> in <b>technology</b> used for <b>recruitment processes</b> .<br>Give <b>TWO advantages</b> of this <b>technology</b> .<br><b>Explain</b> for <b>EACH</b> answer <b>how</b> this will <b>help you</b> to find a <b>job</b> . | (2 x 3) | (6)<br><b>[20]</b> |

**TOTAL SECTION B: 40**

**SECTION C**

**Answer any TWO questions** in this section.

Write **PARAGRAPHS**.

Write **FULL SENTENCES**.

**QUESTION 4**

**Read the information. Answer the questions.**

**HUMAN FACTORS CAUSING ILL HEALTH  
STEREOTYPING AS A SOCIAL FACTOR**

Stereotyping<sup>1</sup> as a social factor may lead to social classification of others, which is one of the reasons for the 'them' and 'us' attitude that some people may have. Treating people in this way may have a negative impact<sub>(cause bad things)</sub> on the mental health of such victims<sub>(people who are hurting)</sub>.

**Glossary:**

<sup>1</sup>Stereotyping: involves judging people based on various factors<sub>(things)</sub>, without considering<sub>(thinking about)</sub> their individual qualities<sub>(do well)</sub> and characteristics<sub>(how they are doing things)</sub>

[Adapted from [www.simplypsychology.org](http://www.simplypsychology.org). Accessed on 04/01/2023.]

Write paragraphs on ***human factors causing ill health: social factors***.

**Write about:**

- Give **FOUR social factors** that may **cause stereotyping**. (4 x 1) (4)
  - Give **TWO negative effects** of **stereotyping** on the **mental health of victims** of stereotyping.  
**Explain** your answers. (2 x 4) (8)
  - **How** can you **find out** if you are **unintentionally**<sub>(not on purpose)</sub> **stereotyping others?**  
**Explain** your answer. (2 x 4) (8)
- [20]**

**QUESTION 5**

**Read the information. Answer the questions.**

**ENTREPRENEURSHIP**  
**AN INNOVATIVE STRATEGY TO COUNTERACT<sub>(stop)</sub> UNEMPLOYMENT**

Innovation<sub>(being creative)</sub> and passion are the most important parts of entrepreneurship. It is important for entrepreneurs or upcoming<sub>(new)</sub> entrepreneurs to understand why being innovative and passionate is important and how it may benefit a business. New entrepreneurs also need to acquire<sub>(get)</sub> the mindset<sub>(way of thinking)</sub> of an entrepreneur.

[Adapted from [www.igi-global.com](http://www.igi-global.com). Accessed on 22/03/2023.]

Write paragraphs on **entrepreneurship**.

**Write about:**

- **Why** should **entrepreneurs** be **innovative**?  
Give **FOUR** reasons. (4 x 1) (4)
  - **How** could you **acquire** the **mindset** of an **entrepreneur**?  
Explain **TWO** ways. (2 x 4) (8)
  - **How** could a young **entrepreneur's** **passion** influence other **young people** to **become entrepreneurs**?  
Explain your answer. (2 x 4) (8)
- [20]**



**QUESTION 6**

**Read the information. Answer the questions.**

**RESPONSIBILITY OF COMMUNITIES IN ENSURING  
SAFE AND HEALTHY LIVING  
SOUTH AFRICA'S WATER SYSTEMS IN CRISIS**

Water systems in the country are not effectively maintained<sub>(repaired/looked after)</sub>, causing the bad quality<sub>(dirty)</sub> of water in most communities. The behaviour of communities is one of the factors that cause water pollution.

Intervention programmes<sub>(plans to keep the water clean)</sub> to improve safe and healthy living also seem not to be sustainable<sub>(keep on going)</sub>. Most communities now seek to petition<sup>1</sup> local government for their urgent action<sub>(solutions)</sub> for the water crisis.

**Glossary:**

<sup>1</sup>petition: a **letter** written by the people to the **local government** asking them to **solve a problem**. The letter carries the **signatures** of **many people**.

[Adapted from <http://jamiat.org.za>. Accessed on 09/01/2023.]

Write paragraphs on ***the responsibility of communities in ensuring safe and healthy living environments.***

**Write about:**

- **Give FOUR advantages of online petitioning to local governments** for urgent action for the water crisis in communities. (4 x 1) (4)
  - **How could communities work together with local government to help protect water resources?**  
**Explain TWO ways.** (2 x 4) (8)
  - The **aim of intervention programmes** is to ensure a **safe and healthy lifestyle** in a community.  
**How can the sustainability of intervention programmes be ensured?**  
**Explain TWO ways.** (2 x 4) (8)
- [20]**

**TOTAL SECTION C: 40**  
**GRAND TOTAL: 100**