



NATIONAL SENIOR CERTIFICATE

IBANGA 12

SEPTEMBA 2023

**ISIXHOSA ULWIMI LOKUQALA
OLONGEZELELWEYO (FAL)
IPHEPHA LOKUQALA P1**

AMANQAKU: 80

IXESHA: 2 iiyure

IMIYALELO NENGCACISO

1. Eli phepha lemibuzo linama CANDELO AMATHATHU angala:

ICANDELO A: Uvavanyo lokuqonda	(30)
ICANDELO B: Ushwankathelo	(10)
ICANDELO C: Izakhi nemigaqo yokusetyenziswa kolwimi	(40)
2. Phendula YONKE imibuzo.
3. Bhala iCANDELO NGALINYE kwiphepha ELITSHA.
4. Krwela umgca ekupheleni kweCANDELO NGALINYE.
5. Nombola iimpendulo zakho ngokuchanekileyo ngokwendlela yokunombola esetyenzisiweyo kwiphepha lemibuzo.
6. Shiya umgca emva kwempendulo NGANYE.
7. Qwalasela ngokukodwa upelo nolwakhwiwo Iwezivakalisi.
8. Lingcebiso malunga nolwabiwo Iwexesha:

ICANDELO A: Imizuzu engama-50	
ICANDELO B: Imizuzu engama-20	
ICANDELO C: Imizuzu engama-50	
9. Bhala ngokucocekileyo nangokucacileyo.

ICANDELO A: UVAVANYO LOKUQONDA

UMBUZO 1

1.1 Fundisisa esi sicutshulwa singezantsi uze uphendule imibuzo elandelayo.

ISICATSHULWA A

FUNDA MFUNDI	
1	Amava okuba ngumntwana wesikolo unawo ungade ubhale ibali elifutshane ngobomi bakho njengomntwana wesikolo. Nali ke ithuba lakho lokuba wena uza kwenza izifundo ngokweminqweno yakho! liholide zifikelele esiphelweni, kwaye uyazi ukuba ngoku lixesha lokubuyisa ingqondo ujongane neyunesithi eza kuvula kwiiveki ezingephi ezizayo. Uwavile amabali ngayo, akunxitywa mpahla zesikolo, awubuzwa nto xa ungayanga kumagumbi okufundela, uyazikhethela ikhosи yakho, ungajuxuza ubusuku bonke kwaye awunyanzelekanga ukuba uye ezifundweni ube uziva ungenamdla. 5
2	Mamela ke! Abafundi abaxabisa ulonwabo kunezifundo bahlala bengafundi ukusuka apha basiyeka phakathi isikolo. Kodwa wena akufuni kuyeka esikolweni, ufunu ukuqhuba kakuhle, ufumane isidanga; ube yinkokheli kweso saksono usikhethileyo. Ukwenza njani oko? Eyona nto omawuyenze kukuzilungiselela. Uza kudibana nabantu ongazange ucinge ukuba ungaze udibane nabo ebomini; kwaye izimvo zakho ngobomi, ngehlabathi nangento yonke nje ziza kutshintsha ngamandla ngexesha nje elingephi. Nanga amacebiso aza kukunceda ugqibe unyaka wakho wokuqala ngempumelelo. Amanye ala macebo aza kuvakala eqhelekile kodwa ndikholelwe xa ndisithi kuwe kuhle ukuwakhunjuzwa. Nam ndisandula ukugqiba izifundo zam eyunesithi, kwaye ukuba kwakukho umntu owayebhale eli nqaku mhlawumbi ngendandisindile ekuzixakekiseni ngezinye izinto ezingakhiyo. 10
3	litishala zaseyunesithi zibizwa oolektshara zingabantu abanomonde azifuni koyikwa. Ewe ke bangakho abohlukileyo kodwa isininzi seetitshala zaseyunesithi ziyafileleka kuba ziyabazi ubunzima umfundu agileka kubo. Xa uxakwe ngumsebenzi wakho khululeka udibane nabo ucele uncedo kwaye nokuba yinto engadibenanga ngqo nezifundo zakho, ukuba kukho into ekukhathazayo, thetha ngayo. Bakhona abacebisi babizwa ngokuba ngoatyhutha, ungathetha nabo ufuni iingcebiso malunga nezifundo. 15 20 25 30

4	Ivakala ngathi ilula, kodwa ukuba abafundi abaninzi bebelungisa izinto zabo ngendlela, ubomi babo eyunivesithi ngebulula kunoku! Rhoqo uvuka, khangela ukuba wenza eziphi izifundo, ngaliphi ixesha kuyiphi indawo. Ungaphoswa sisifundo esibalulekileyo ngenxa nje yokulibala! Ikwalicebo elihle ukuzahlula iincwadi zakho ngemibala ngokwesifundo ngasinye. Ukuthatha amanqaku kulektshara ofundisa egumbini kuyinzuso enkulu. Abanye abantu bathanda ukuzifundela bodwa, akukho nto imbi ke ngaloo nto, kodwa abafundi abaninzi basebenza kakuhle xa bekumaqela. Imfundu yaseyunivesithi ikhuthaza ukufunda ngamaqela, loo nto yenza umdla ide ivuselele nesakhono sokuzithemba. Ukufunda emaqeleni kuluncedo kuba ufumana iingcamango zabahlobo bakho, ukuze kuthi kwakubakho umba onzima kuthethwe ngawo de wonke umntu awuqonde.	35
5	Xa abafundi bebaninzi eqeleni abanye bayaphumla barhoxe bangasebenzi ngokwenza njalo uzibeka emngciphekweni wokungabina xanduva. Lumka ingakwahleli loo nto kuba bayakufunda abanye abafundi bade bagqibe ngawe ukuba mawungabikho kwiqela labo. Ngalo lonke ixesha qiniseka ukuba umsebenzi uyenziwa! Zama ukuba igama lakho lifumanek libizwe kwiinkqubo ezakhayo kuba wena umele ikhaya lakho. Igama lakowenu malingatshi ngokwenza kakubi kwakho, yiba sisibonelo ukuze kuzokufundiswa abanye ngemisebenzi yakho emihle.	45
6	Yiba nesicwangciso samaxesha ngalo lonke ixesha lokuphila kwakho, ngakumbi useyunivesithi. Mininzi imiqobo ohlangana nayo xa ungenasicwangciso uphela unesithukuthezi ze uzibone usenza izinto ezimbi ezithoba ubuwena. Xa ubuzwa ngesenzo esibi osenzileyo ujonga phantsi kuba awunaso isizathu ebesikuthume oko, kube ke sekwenzekile, uzenzile akakhalelw atsho ke amaXhosa ukubhekisa kulowo ufana enze. Phambi kokuba liqale ixhala leemviwo, yenza isicwangciso samaxesha okufunda. Esi sicwangciso masiqale ngomhla obusibhala ngawo ukuya kumhla wokuggiba ukubhala iimviwo. Bhala le mihla kune nezifundo oza kuzifunda. Bala ke ukuba isifundo ngasinye usabel' iijure ezingaphi na, uqiniseke ukuba zonke zifumana amaxesha alinganayo, andithi vezakho zonke zikwakhethwe nguwe ngokuzithanda zonke? Asiyondlalo ke le yokuba nesicwangciso sexesha, uya kuthi ndanditshilo.	55
		50
		60
		65

[Sicatshulwe kwiBona kaMatshi (2008) Iphepha 70–72 saze sahlelwa]

Jonga kumhlathi wokuqala.

- 1.1.1 Yintoni le anokuyenza umfundi ngamava wakhe? (1)
- 1.1.2 Khetha isimelabizo esisetyenzisiweyo esibhekisele kumfundi. (1)
- 1.1.3 Xela izinto eziMBINI eyahluke ngayo iyunivesithi kunesikolo. (2)

1.1.4 Khetha impendulo echanekileyo kwezi zilandelayo: Intetho ethi, **ungajuxuza ubusuku bonke**. Imenza ofundayo abengathi le nto kuthethwa ngayo:

- A uyayingcamla
- B uyayibona
- C uyayiva
- D uyayinukisa

(1)

Jonga kumhlathi wesibini.

1.1.5 Chaza iziphumo ezifunyanwa ngumfundi owenza kakuhle eyunivesithi. (2)

1.1.6 Sibhekiselele entweni isakhi esibhalwe ngqindilili kweli gama? Eyona nto omawuyenze kukuzilungiselela. (1)

1.1.7 Kube nafuthe lini kumbhali ukungachazelwa kakuhle ngendlela yokuziphatha eyunivesithi? Xhasa impendulo yakho. (2)

Jonga kumhlathi wesithathu.

1.1.8 Bhala umxholwana oveliswe kulo mhlathi. (2)

1.1.9 Sizathu sini esibenza oolektshara babenomonde kubafundi baseyunivesithi? (2)

Jonga kumhlathi wesine.

1.1.10 Lizisa ntsingiselo ni igama ‘rhoqo’ elibhalwe ngqindilili kwesi sivakalisi singezantsi?

Rhoqo xa uvuka. (2)

1.1.11 Tyumba amagama amabini aveza isakhono sokubhala ukusuka kumqolo 5 ukuya kumqolo wesi-7 kulo mhlathi. (1)

Jonga kumhlathi wesihiyanu.

1.1.12 Chonga igama elichaza ugqithiso kwisivakalisi esibhalwe kwizibiyeli.

Lumka ingakwehleli loo nto kuba bayakufunda abanye abafundi bade bagqibe ngawe. (1)

1.1.13 Uthetha ukuthini umbali xa esithi igama lakowenu malingatshi? (2)

Jonga kumhlathi wesithandathu.

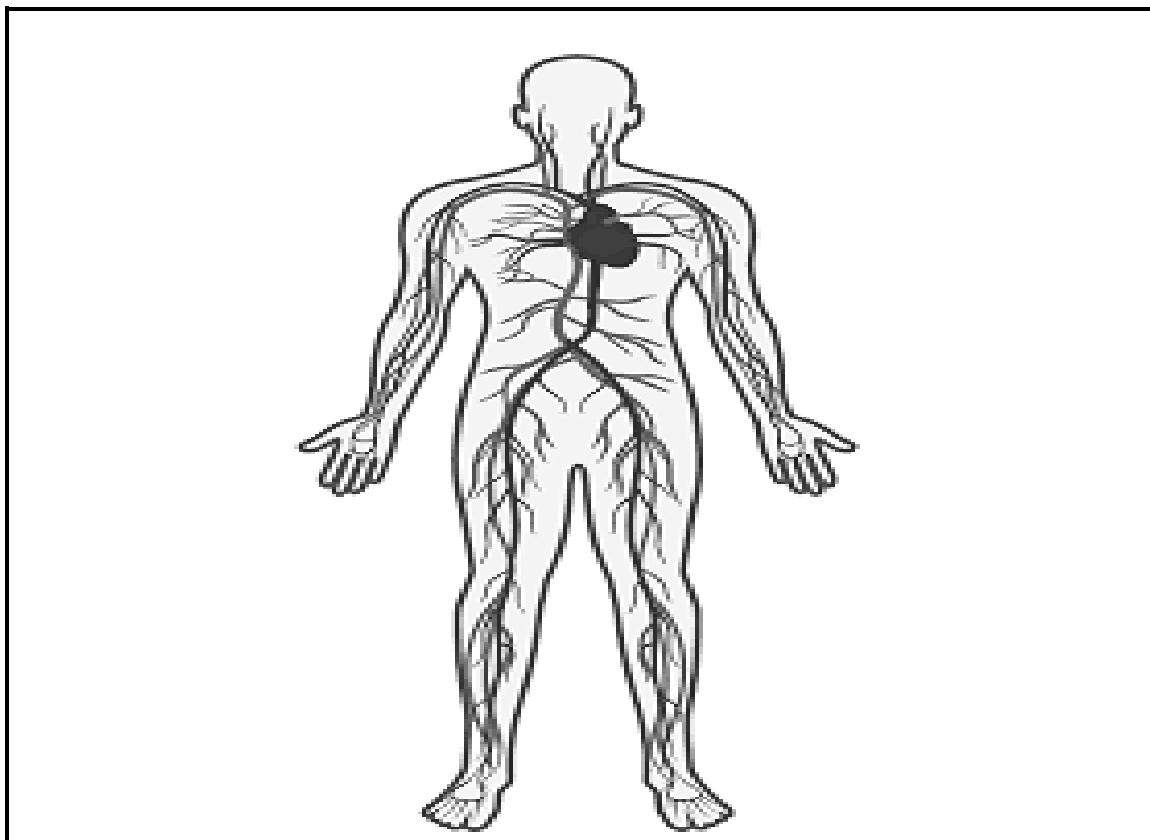
1.1.14 Bungozi buni onokuhlangana nabo xa ungenasicwangciso? (2)

Jonga kwisicatshulwa sonke.

1.1.15 Ingaba esi sicatshulwa siwugqithise ngokuchanekileyo umyalezo? (2)
Akuvumelekanga ukufota eli phepha Tyhila iphepha

1.2 Funda lo mfanekiso ulandelayo uze uphendule imibuzo elandelayo:

ISICATSHULWA B: OKUBONWAYO



[Ithatyathwe [kuScienceDirect.com](https://www.ScienceDirect.com)]

- 1.2.1 Bhala amalungu omzimba abe MABINI aluncedo kumfundi. (2)
- 1.2.2 Chaza umsebenzi wesazobe esijkeleze intliziyo. (2)
- 1.2.3 Bhala umyalezo oziswa ngulo mfanekiso? (2)

AMANQAKU ECANDELO A: 30

ICANDELO B: USHWANKATHETO

UMBUZO 2

ISICATSHULWA C esingezantsi sithetha **ngesinokwenza ukuze siphumelele ebomini.**

Funda ISICATSHULWA C, wandule **usishwankathelo usilumkise ngezinto ekufuneka sizenze ukuze siphumelele ebomini.** Shwankathela ngokwemo yokudwelisa iingongoma.

Landela le miyalelo xa ushwankathela:

IMIYALELO

1. Bhala isishwankathelo sibe kwimo yeengongoma unga dluli kumagama angama-60.
2. Nombola izivakalisi zakho ukusuka ku-1 ukuya ku-7.
3. Sebenzisa izivakalisi ezipheleleyo ukubhala iingongoma.
4. Sebenzisa AMAZWI AKHO kangangoko unako.
5. Bhala inani lamagama owasebenzisileyo kwizibiyeli ekupheleni kwesishwankathelo.

ISICATSHULWA C

IMPUMELELO

Umntu ngamnye uyaphumelela ngakumbi xa ethe wazingisa ebomini. Amaxesha amaninzi ubani uye othuke sele ephambili ebomini ade azibuze ukuba udlule njani kwimiqobo. Zingisa ukuze uphumelele ebomini kuba impumelelo isentaben. Zinxweme usuke kwiindawo ezinabantu abangenambla wenkqubela phambili. Sukungazithembi kuba oko kubulala amandla kunciphise namandla okucingisisa yaye kuphelisa ukuzithemba. Indlela eya empumelelwani iyacotha kwaye inomngcipheko. Sukudlala ngexesha kuba ixesha alimanga lona wozisola kube sakwaphukile.

Hlala uthe qwa uphaphile kuba ubomi bunzima kwaye bufuna umntu ophaphileyo. Xa uthe qwa akukho nto inokuze ikudlule ungayiqondanga. Qiniseka ngekamva lakho kwaye zingisa ngalo lonke ixesha. Abantu abaninzi babhidwa ziingxaki kanye nemiqobo ebomini balahle ithemba kuphele nokuqiniseka kubo. Nyamezela nokuba imeko ithini sukunikezelza beka ithemba wophumelela kuba thina siphila ngethemba.

Hlela okuphambili uqale ngako ungaxubi izinto kuba uya konakalelwabubomi. Ubomi bufuna umntu okhethayo hayi uwolela, ukuwola yonke into ebomini kuye kwaxaka uninzi lwabantu baze baphelelwabumgabukhulisa ubudlelwane bakho nesiqu sakho oko. Ubudlelwane obuninzi bumoshwa kukungazamkeli nokungazazi nokunganyaniseki, oko ke kunciphise amathuba okuphumelela ebomini. Thembeka unyaniseke oko kungakusa empumelelwani. Unganyaniseki nje kwabanye abantu, qala ngokunyaniseka kwisiqu sakho. Ngoko masenze ngandlela zonke ukuba kuge luxanduva lwethu ukuphumelela kobudlelwane bethu.

[Sicatshulwe ku-<https://addicted2success.com/success-advice/perseverance-is-a-major-key-to-a-life-of-success/> saze saququlelwesiXhoseni]

ICANDELO C: IZAKHI NEMIGAQO YOKUSETYENZISWA KOLWIMI

UMBUZO 3: ISIBHENGEZO-NTENGISO

Funda esi sibhengezo-ntengiso uze uphendule imibuzo elandelayo.

ISICATSHULWA D

iLucky Star enkonxiweyo

Yitya iLucky Star uze ubenengqondo enamandla okucinga.

lOmega-3 Fatty Acids zinciphisa izinga lesifo sentliziyo.

Zikhulisa izihlunu kwaye zondle ingqondo.

www.pilchards.com



Inprotein
nealcium



Iyababa le

[Sithatyathwe www.luckystar.com saze sahlelwa]

- 3.1 Xela igama lemveliso ethengiswa kwesi sibhengezo-ntengiso. (1)
- 3.2 Bonisa ukuchaneka kwala mazwi kwesi sibhengezo-ntengiso:
"Iyababa le." (2)
- 3.3 Khetha impendulo engachanekanga ngokusetyenziswa kweli gama.
'Yitya' kule ntengiso kwezi zingeantsi.
 - A Zithande ngeLucky Star.
 - B Zithandise ngeLucky Star.
 - C Zondle ngeLucky Star.
 - D Zidle iLucky Star. (1)
- 3.4 Lityhila ntoni eli gama "enkonxiweyo" ngale ntengiso? (1)
- 3.5 Loluphi olunye ulwazi olungapapashwanga kwesi sibhengezo-ntengiso? (1)
- 3.6 Khankanya zibe MBINI iinzuzo ozifumana kule mveliso. (2)
- 3.7 Ingaba umfanekiso wenkwenkwezi othe nca kwesi sibhengezo-ntengiso ulixhasa ngokupheleleyo igama lale mveliso? Xhasa impendulo yakho. (2)

[10]

UMBUZO 4: IKHATHUNI

Funda le khathuni uze uphendule imibuzo elandelayo.

ISICATSHULWA E

[Ithathwe kucyardepictures.com yaze yahlelwa]

- 4.1 Bangaphi abantu abakule khathuni? (1)
 - 4.2 Bhala igama lophawo lobhalo elisetyenziswe kwigama lokuqala kwisakhelo sokuqala. (1)
 - 4.3 Uvakalelwa njani uKim kwisakhelo soku-1? Xhasa impendulo yakho. (2)
 - 4.4 Xhasa ulovo lokuba le khathuni ayinalo ucalucalulo ngokwesini. (2)
 - 4.5 Inkuthazo yokusebenza nzima kule khathuni ibonakaliswe ...
Khetha ibeNYE kwezi zilandelayo:
 - A ngengxolo.
 - B ngemali.
 - C ngebhaso.
 - D ngebhoso. (1)
 - 4.6 Tyumba isivumelanisi esibhekisele kuKim ngokwale khathuni. (1)
 - 4.7 Ngqina okanye uchase ulovo lokuba into yokuwongwa ngebhaso xa usebenzile ilungile. Xhasa impendulo yakho. (2)
- [10]

UMBUZO 5: IPROZI

- 5.1 Funda esi sicutshulwa uze uphendule imibuzo elandelayo.

ISICATSHULWA F

MASIKHUMBUZANE

Umsebenzi wenzelwe ukuba wenziwe ngumfundi kwaye ke utitshala unceda kuphela umfundi ukuba aqale kwaye alungise yonke into. Abafundi abadala kufuneka benze isicwangcisonkqubo kunye nolwabiwo xesha bazokwazi ukumelana nenkqubo yokufunda. Ifayile ecwangciswe kakuhle sisicwangciso esisebenzayo ekurekhoden i amabakala abo. (Borich 2007:136). Abafundi aboneliseki yindlela arekhodwa ngawo amanqaku wabo. Ukugcina irekhodi yebanga kunceda umfundi ekulandeleni indlela aqhuba ngayo eklasini. Abafundi abaninzi basenokungayiqondi indlela yakhe kodwa ukubacacisela, kusenokubanceda babe nembopheleko ngakumbi kwimibandela echaphazela ikamva labo. Isicwangciso sesokwenza ukuba baziqhelanise nokusebenzisa ifowuni, oomabonakude, neereyido zokuvavanya ukurekhoda amabakala abo apho.

[Sithatyathwe kwincwadi kaBorich G. (2007) ethi *Effective Teaching Methods* saze saguqulelwa uviwo, Iphepha lama 136–137]

- 5.1.1 Nika isichasi sesi sibizo ‘utitshala’. (1)
- 5.1.2 Bhala imo ende ngesi sivakalisi silandelayo.
 - Utitshala unceda umfundi. (2)
- 5.1.3 Khetha isihlomelo uze uxele nodidi lwaso kwesi sivakalisi singezantsi.
 - Abafundi abadala kufuneka benze isicwangcisonkqubo. (2)
- 5.1.4 Xela izigaba zentetho ezikwesi sibizo simbaxa.
 - ‘isicwangcisonkqubo’. (2)
- 5.1.5 Bhala esi sivakalisi sibe kwintetho ngqo.
 - Abafundi aboneliseki yindlela arekhodwa ngawo amanqaku wabo. (2)
- 5.1.6 Bhala esi sivakalisi sibe kwisininzi.
 - ‘Umsebenzi uyasebenza kuphela.’ (2)
- 5.1.7 Chonga isichazi uxele nodidi lwaso esisetyenziswe kwesi sivakalisi:
 - Abafundi basenokungayiqondi indlela yakhe. (2)

5.1.8 Umsebenzi wisingxi usetyenziselwe ukubonisa oku: Khetha ibeNYE kwezi zilandelayo:

- A ukuqala kwesivakalisi
- B ukuphela kwesivakalisi
- C ukwahlula isivakalisi
- D ukudibanisa isivakalisi

(1)

5.2 Funda lo mfanekiso uze uphendule imibuzo elandelayo.

ISICATSHULWA G: UMFANEKISO

Zithembe ukuba ungenyukela ngentla.



[Uthathwe www.dreamstime.com waze wahlelwa]

5.2.1 Bhala isivakalisi usebenzisa isenzi '**ubambe**' ngokuchanekileyo emfanekisweni.

Intloko	isenzi ubambe	Injongozenzi	(2)
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5.2.2 Yakha isivakalisi sibe kuhlobo lokukhankanya ngokubona emfanekisweni. (2)

5.2.3 Gqibezela esi saci ... akanashwa. (2)
[6]

AMANQAKU ECANDELO: 40
AMANQAKU EWONKE: 80